

What About Now

拍数: 58 墙数: 2 级数: Improver
编舞者: Claire Hammond (UK)
音乐: What About Now - Lonestar



WEAVE RIGHT, RIGHT SIDE ROCK, CROSS SHUFFLE

1-2 Step right foot to right side, cross left foot behind right
3-4 Step right to right side, cross left in front of right
5-6 Rock right to right side, rock back onto left in place
7&8 Step right foot across in front of left, step left to left side, step right foot across in front of left

WEAVE LEFT, LEFT SIDE ROCK, CROSS SHUFFLE

9-10 Step left foot to left side, cross right foot behind left
11-12 Step left to left side, cross right in front of left
13-14 Rock left to left side, rock back onto right in place
15&16 Step left foot across in front of right, step right to right side, step left foot across in front of right

FORWARD ROCK, COASTER STEP, SHUFFLE FORWARD, STEP ½ TURN

17-18 Rock forward on right foot, rock weight back onto left foot
19&20 Step back with right foot, step left foot back, step right foot forward
21&22 Step left forward, slide right next to left, step left foot forward
23&24 Step right foot forward, pivot ½ turn left keeping weight on left foot

FORWARD ROCK, COASTER STEP, SHUFFLE FORWARD, STEP ¼ TURN

25-26 Rock forward on right foot, rock weight back onto left foot
27&28 Step back with right foot, step left foot back, step right foot forward
29&30 Step left forward, slide right next to left, step left foot forward
31&32 Step right foot forward, pivot ¼ turn left keeping weight on left foot

FORWARD ROCK, COASTER STEP, STEP TOUCH X 3

33-34 Rock forward on right foot, rock weight back onto left foot
35&36 Step back with right foot, step left foot back, step right foot forward
37-38 Step left foot forward, touch right foot next to left
39-40 Step right foot forward, touch left foot next to right
41-42 Step left foot forward, touch right foot next to left

TURNING SHUFFLE (½) TWICE, COASTER STEP, FORWARD SHUFFLE

43&44 Make a ½ turn right shuffle stepping right, left, right
45&46 Make a ½ turn left shuffle stepping left, right, left
47&48 Step right foot back, step left next to right, step right foot forward
49&50 Step left forward, step right next to left, step left forward

KICK TWICE, COASTER STEP, KICK TWICE, COASTER TURN (¼) LEFT

51-52 Kick right foot forward, kick right foot to right side
53&54 Step right foot back, step left foot next to right, step right foot forward
55-56 Kick left foot forward, kick left foot to left side
57&58 Step back on left, step right next to left, step left forward making ¼ turn left

REPEAT

