

# What A Life!

拍数: 32      墙数: 4  
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音乐: Life - Des'ree

级数: Intermediate cha cha



## CHA-CHA LEFT BASIC, CHA-CHA FORWARD, RIGHT PIVOT TURN, SYNCOPATED ½ TURN

1-2-3      Step left to left side, rock back right, recover weight to left  
4&5      Step right forward, step left up to right (5th foot position), step right forward  
6-7      Pivot on ball of right & turn ½ right stepping back on left, turn ½ right stepping forward on right  
8&1      Step forward on left, turn ½ right stepping right in place, step left forward

## SYNCOPATED STEP SLIDE, ROCK FORWARD, ¼ LEFT TURN, CHA-CHA SIDE LEFT ¼ TURN

2-3      Step right forward, step left up to right (3rd foot position)  
4&5      Step right forward, step left up to right, step right forward (cha-cha terrace)  
6-7      Rock forward on left, recover weight to right & turn ¼ left  
8&1      Step left to side, step right beside left, turn ¼ left stepping left forward

## ROCK FORWARD, CHA-CHA LOCK BACK, ROCK BACK, CHA-CHA LOCK FORWARD

2-3      Rock forward on right, recover weight to left  
4&5      Step back on right, cross left over right, step back on right  
6-7      Rock back on left, recover weight to right  
8&1      Step left forward, cross right behind left, step left forward

## ROCK FORWARD, CHA-CHA LOCK BACK & TOUCH, STEP ¼ TURN RIGHT, SIDE TOGETHER

2-3      Rock right forward, recover weight to left  
4&5      Step back on right, cross left over right, step back on right  
&6-7      Step back on left & touch right toe next to left foot, step right foot forward into ¼ turn right  
8&      Step left to side, step right next to left

## REPEAT

## TAG

On wall 5 (front wall), after count 32 do the following:

### CROSSOVER BREAKS

1-2-3      Step left to side toes turned out, rock right forward & across left, recover weight to left  
4&5      Cha-cha side right - right, left, right (toes turned out on last step)  
6-7      Rock left forward & across right, recover weight to right  
8&      Step left to side, step right next to left

Continue from beginning of dance

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