What A Day...

拍数: 32

级数: Beginner

编舞者: William Sevone (UK)

音乐: Daydream - The Lovin' Spoonful

Treat the dance like a walk in the oval (park) on a warm summer's day, gently brushing the blades of grass with your feet, watching the birds dart from one tree to the next in playful mood. Dance starts on the vocal with feet slightly apart and weight on the right foot

2X SAILOR STEP-STEP BEHIND-SIDE STEP

- 1&2 Cross step left foot behind right, step right foot to right side, step left foot to left side
- 3-4 Cross step right foot behind left, step left foot to left side
- 5&6 Cross step right foot behind left, step left foot to left side, step right foot to right side
- 7-8 Cross step left foot behind right, step right foot to right side

STEP BEHIND, $\frac{1}{2}$ LEFT, CROSS STEP, SIDE TOUCH, STEP FORWARD, SIDE TOUCH, SHUFFLE FORWARD

- 9-10 Cross step left foot behind right, unwind ¹/₂ left (weight on left foot)
- 11-12 Cross step right foot over left, touch left toe to left side
- 13-14 Step forward onto left foot, touch right toe to right side
- 15&16 Step forward onto right foot, close left foot next to right, step forward onto right foot

HEEL SWITCH, TOGETHER-CROSS STEP, ½ RIGHT, 2X SIDE TOE STRUT

- 17&18 Touch left heel forward, step left foot next to right, touch right heel forward
- &19-20 Step right foot next to left, cross step left foot over right, unwind ½ right (weight on left foot)
- 21-22 Cross step right toe over left foot, drop right heel to floor
- 23-24 Step left toe to left side, drop left heel to floor

- 25-26 Step right foot diagonally forward left over left foot, scuff left foot slightly out then forward
- 27-28 Step left foot diagonally forward right over right foot, scuff right foot slightly out then forward
- 29-30 Step right foot diagonally forward left over left foot, scuff left foot slightly out then forward
- 31-32 Step left foot diagonally forward right over right foot, turn ¼ left & step right foot to right side

REPEAT

DANCE FINISH

The music to this dance is short and will finish on count 16 of the 8th wall, to finish the dance with a flourish (and double 'hat') and facing the 'home' wall, do the following after count 16 -

- 1-2 Turn ¼ right & step left foot to left side, touch right toe next left foot with right hand on hat brim and left hand on left hip
- 3 Step right foot to right side with left hand on hat brim and right hand on hip





墙数:4