Wham Bam!

拍数: 44

级数: Improver

编舞者: Jack Dean

音乐: Ooh That Beat - The Balham Alligators

GRAPEVINE TO TH RIGHT

Right foot step to the right side (and slightly forward), left foot cross behind right foot, right 1-4 foot to right side, left foot touch beside right

GRAPEVINE TO THE LEFT

5-8 Left foot step to the left side (and slightly forward), right foot cross behind left foot, left foot to left side, step right foot next to left

JUMPS AND TURNS

- 9-10 Jump feet apart, jump (placing right foot in front of left foot)
- 11-12 Unwind making a 1/2 turn to left, hold
- Repeat steps 9-12 13-16

JUMP FORWARD, CLAP, JUMP BACK, CLAP

- Jump forward, right then left (feet slightly apart) &17
- 18 Clap
- &19 Jump back, right then left (feet slightly apart)
- 20 Clap

SWIVETS LEFT (WITH WEIGHT ON RIGHT TOE AND LEFT HEEL)

- 21-22 Twist both toes to the left then back to center
- 23-24 Repeat step 21-22

SWIVETS RIGHT (WITH WEIGHT ON LEFT TOE AND RIGHT HEEL)

- Twist both toes to the right then back to center 25-26
- 27-28 Repeat steps 25-26

TOE STRUTS WITH FULL TURN RIGHT

29-36 Strut forward on toe then heel starting on right, then left, then right, then left making a full turn to the right

GRAPEVINE TO THE RIGHT

37-40 Right foot step to the right side (and slightly forward), left foot cross behind right foot, right foot to right side, left foot touch beside right

GRAPEVINE TO THE LEFT WITH ½ TURN LEFT

41-44 Left foot step to the left side (and slightly forward), right foot cross behind left foot, left foot to left side, make a ¹/₂ turn to left (weight on left foot)

REPEAT





墙数: 2