

Westlife Rose

COPPERKNOB
BY SHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Maggie Gallagher (UK)
音乐: The Rose - Westlife



The speed of the music varies slightly so please go with the flow of the music. At the end of the song the rhythm drifts out, but keep dancing to the end of the music

CROSS, ¼ TURN RIGHT, ¼ TURN RIGHT, LEFT CROSS, SIDE ROCKS, CROSS ¼ TURN RIGHT, ¼ TURN RIGHT, LEFT CROSS, SIDE ROCKS

- 1&2 Cross right over left, ¼ turn right stepping back on left (3:00), ¼ turn right stepping to right side (6:00)
3&4 Cross left over right, rock out to right side, rock to left side
5&6 Cross right over left, ¼ turn right stepping back on left (9:00), ¼ turn right stepping to right side (12:00)
7&8 Cross left over right, rock out to right side, rock to left side

CROSS, SIDE LEFT, DRAG, ROCKS BACK, FORWARD, SIDE RIGHT WITH DRAG, ROCKS BACK, FORWARD STEP, ½ PIVOT RIGHT, STEP, FULL TRIPLE LEFT

- &1 Cross right over left, take big step to left side dragging right to meet left
2& Rock back on right, rock forward on left
3 Take a big step to the right side dragging left to meet right
4& Rock back on left, rock forward on right
5&6 Step forward on left, ½ pivot turn right, step forward on left (6:00)
7&8 Triple full turn left stepping right, left, right on the balls of the feet and ending by stepping forward on the right (easy option - right lock step) (6:00)

STEP, ROCK FORWARD, BACK LEFT, BACK RIGHT, ¼ LEFT WITH SWAYS TOGETHER, ROCKS FORWARD, BACK, ½ RIGHT, STEP, ¼ RIGHT, LEFT CROSS

- &1 Step forward onto left, rock forward onto right
2& Walk back on ball of left, walk back on ball of right
3-4 ¼ turn left swaying to the left side, sway to the right side (3:00)
&5-6 Step left next to right, rock forward on right, rock back onto left
&7 Make ½ turn right stepping forward on right, step forward on left (9:00)
&8 Make ¼ turn right (weight on right), cross left over right (12:00)

SIDE ROCK, RECOVER, WEAVE LEFT, ¼ LEFT, STEP, ½ PIVOT LEFT, FORWARD RONDE RIGHT, LEFT, RIGHT SIDE ROCK, RECOVER

- 1& Step to right side rocking right, recover onto left
2&3 Cross right over left, step left to left side, cross right behind left
&4-5 Make ¼ turn left stepping forward on left, step forward on right (9:00), make ½ pivot turn left placing weight forward onto left (3:00)
6 Wide ronde sweep right over left ending with weight forward onto right
7 Wide ronde sweep left over right ending with weight forward on left
8& Rock out to right side, recover onto left (3:00)

REPEAT

TAG

4 counts at the end of walls 2 & 4 (back wall & front walls respectively)

SWAYS RIGHT, LEFT, RIGHT, LEFT

- 1-2 Sway right to right side, sway left to left side
3-4 Sway right to right side, sway left to left side

Restart the dance from the beginning
This dance is dedicated to Beth who dearly loved this song
