Western Winger



拍数: 42 墙数: 0 级数:

编舞者: Country Bound (USA)

音乐: Heartbroke Out of My Mind - Brooks & Dunn



Position: Start in Promenade position, ladies on gents right side

SIDE, TOGETHER, SIDE, CROSS ROCK

Step to right side with right foot
 Slide left foot next to right foot
 Step to right side with right foot

3 Step across behind right leg with left foot

4 Rock weight onto right foot

SIDE, TOGETHER, SIDE, CROSS ROCK

Step to left side with left foot
Slide right foot next to left foot
Step to left side with left foot

7 Step across behind left leg with right foot

8 Rock weight onto left foot

SIDE, TOGETHER, SIDE, ROCK-STEP

9 Step to right side with right foot & Slide left foot next to right foot 10 Step to right side with right foot 11 Step forward with left foot 12 Rock back onto right foot

ROCK-STEP, SHUFFLE

Step back with left foot
Rock forward onto right foot
Step forward with left foot

& Step together with right foot next to left foot

16 Step forward with left foot

ROCK-STEPS

17 Step forward with right foot 18 Rock back onto left foot 19 Step back with right foot 20 Rock forward onto left foot

You will now start a series of seven (7) shuffles. The lady will turn into a wrap on shuffle three (3) and back out to promenade position on shuffle six (6).

SHUFFLE FORWARD

21 Step forward with right foot

& Step together with left foot next to right foot

Step forward with right footStep forward with left foot

& Step together with right foot next to left foot

24 Step forward with left foot

SHUFFLE FORWARD, LADY TURNS LEFT

Lady turns 1 full turn left into wrap position

25 Step forward with right foot

& Step together with left foot next to right foot

Step forward with right foot

SHUFFLE FORWARD

27 Step forward with left foot

& Step together with right foot next to left foot

28 Step forward with left foot 29 Step forward with right foot

& Step together with left foot next to right foot

30 Step forward with right foot

SHUFFLE FORWARD, LADY TURNS RIGHT

Lady turns 1 full turn right into promenade position

31 Step forward with left foot

& Step together with right foot next to left foot

32 Step forward with left foot 33 Step forward with right foot

& Step together with left foot next to right foot

34 Step forward with right foot

JAZZ BOX

35 Step across in front of right leg with left foot

36 Step back with right foot 37 Step back with left foot

38 Step together with right foot next to left foot

JAZZ BOX

39 Step across in front of right leg with left foot

40 Step back with right foot41 Step back with left foot

42 Step together with right foot next to left foot

REPEAT