

Western Stomp

拍数: 32 墙数: 1 级数: Beginner two step
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音乐: Take It from Me - Scooter Lee



HIP BUMPS, STOMPS, HEEL SPLITS

- 1-2 Bump hips right twice
- 3-4 Bump hips left twice
- 5 Stomp right foot
- 6 Stomp left foot next to right
- 7 Swivel both heels apart
- 8 Swivel both heels together

VINE RIGHT, VINE LEFT ¼ TURN TO THE LEFT

- 9 Step to the right on right foot
- 10 Cross left foot behind right and step
- 11 Step to the right on right foot
- 12 Brush left foot next to right, clap hands
- 13 Step to the left on left foot
- 14 Cross right foot behind left and step
- 15 Step to the left on left foot making a ¼ turn to the left
- 16 Brush right foot next to left, clap hands

BACKWARD SHUFFLES

- 17&18 Backward shuffle (right, left, right)
- 19&20 Backward shuffle (left, right, left)
- 21&22 Backward shuffle (right, left, right)
- 23&24 Backward shuffle (left, right, left)

JAZZ SQUARE ¼ TURN TO THE RIGHT

- 25 Cross right foot over in front of left and step
- 26 Hold
- 27 Step back slightly on left foot
- 28 Hold
- 29 Step slightly to the right on right foot making a ¼ turn to the right
- 30 Hold
- 31 Step left foot next to right
- 32 Hold

REPEAT
