

West Coast Shuffle

COPPER **NOB**
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Greg Underwood (USA)
音乐: Fish Ain't Bitin' - David Lee Murphy



WALK FORWARD, KICK FORWARD, WALK BACK, KICK-BALL-CHANGE:

(basic west coast swing step)

- 1-2 Step right forward. Left step forward.
- 3-4 Right kick forward. Right step back.
- 5&6 Step left back. Step right to right side. Cross left in front of right.

WALK FORWARD, KICK FORWARD, WALK BACK, KICK-BALL-CHANGE:

- 7-8 Step right forward. Left step forward.
- 9-10 Right kick forward. Right step back.
- 11&12 Step left back. Step right to right side. Cross left in front of right.

CROSS SWIVEL STEPS (4 TIMES):

(A.K.A. Prissy Walk or Toe Points)

- 13 Cross right over left, pointing right toe to left (pigeon toe).
- 14 Cross left over right, pointing left toe to right (pigeon toe).
- 15 Cross right over left, pointing right toe to left (pigeon toe).
- 16 Cross left over right, pointing left toe to right (pigeon toe).

SIDE STEPS & KICKS:

- 17-18 With weight on left, touch right foot out to right side & hold for a beat.
- 19-20 Return right beside left, & shifting weight to right, touch left foot out to left side & hold for a beat.
- 21 Return left foot beside right, & shifting weight to left, touch right foot out to right side.
- 22 Return right beside left, & shifting weight to right, touch left foot out to left side.
- 23 Return left beside right, & shifting weight to left, kick right foot forward.
- 24 Kick right forward.

BACKWARDS PIVOT TURNS & HEEL SWIVELS:

- 25-26 Step right foot in back & to the left of the left foot & pivot ½ turn right.
- 27-28 Step right foot in back & to the left of the left foot & pivot ¼ turn right.
- 29-31 Swivel both heels right, both toes right, both heels right.
- 32 Stomp left foot and shift weight onto left.

REPEAT

VARIATION FOR COUNTS 29-32:

- 29-31 Large step right foot to right and slowly slide left foot right next to right for 3 counts,
- 32 Stomp left foot.

MODERATOR NOTE: THE CHOREOGRAPHER ON DANCE LINE DID THE FOLLOWING:

- 29 Large step right foot to right.
- 30-31 Slowly slide left foot right while alternately quickly moving right toe right then moving right heel right (2-4 times per beat).
- 32 Stomp left foot and shift weight onto left.