

# West Coast Boogie

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 2      级数: Improver west coast swing  
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音乐: Mary Lou - Delbert McClinton



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## SWAY, RECOVER, BACK SHUFFLE, FULL TO THE LEFT ROLLING TURN, BACK SHUFFLE

- 1-2            Step forward on right foot and sway right hip forward; rock back onto left foot
- 3&4           Shuffle back (right, left, right)
- 5-6           Step back on left foot and begin a full to the left rolling turn traveling back; step on right foot and complete to the left rolling turn
- 7&8           Shuffle back (left, right, left)

## ROCK STEP, TURNING SHUFFLE, MILITARY PIVOT, TURNING SHUFFLE

- 9-10           Step back on right foot; rock forward onto left foot
- 11&12          Shuffle to the right (right, left, right) making a  $\frac{1}{4}$  turn to the right with these steps
- 13-14          Step forward on left foot; pivot  $\frac{1}{2}$  turn to the right on ball of left foot and shift weight to right foot
- 15&16          Shuffle forward (left, right, left) making a  $\frac{1}{4}$  turn to the right with these steps

## ROCK STEP, FORWARD SHUFFLE, WALK, WALK, FORWARD SHUFFLE

- 17-18           Step back on right foot; rock forward onto left foot
- 19&20           Shuffle forward (right, left, right)
- 21-22           Step forward on left foot; step forward on right foot
- 23&24           Shuffle forward (left, right, left)

## CROSS, STEP BACK, COASTER STEP, SIDE ROCK STEP, TURNING TRIPLE STEP

- 25-26           Cross right foot over left and step; step back on left foot
- 27&28           Step back on right foot; step left foot next to right; step forward on right foot
- 29-30           Step to the left on left foot; rock onto right foot
- 31&32           Triple step in place (left, right, left) making a  $\frac{1}{2}$  turn to the left on these steps

**REPEAT**

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