

# West Coast Boogie

COPPERKNOB  
STEPSHEETS

拍数: 32      墙数: 2      级数: Improver west coast swing  
编舞者: Rick Bates (USA) & Deborah Bates (USA)  
音乐: Mary Lou - Delbert McClinton



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## SWAY, RECOVER, BACK SHUFFLE, FULL TO THE LEFT ROLLING TURN, BACK SHUFFLE

- 1-2            Step forward on right foot and sway right hip forward; rock back onto left foot  
3&4           Shuffle back (right, left, right)  
5-6           Step back on left foot and begin a full to the left rolling turn traveling back; step on right foot and complete to the left rolling turn  
7&8           Shuffle back (left, right, left)

## ROCK STEP, TURNING SHUFFLE, MILITARY PIVOT, TURNING SHUFFLE

- 9-10           Step back on right foot; rock forward onto left foot  
11&12        Shuffle to the right (right, left, right) making a  $\frac{1}{4}$  turn to the right with these steps  
13-14        Step forward on left foot; pivot  $\frac{1}{2}$  turn to the right on ball of left foot and shift weight to right foot  
15&16        Shuffle forward (left, right, left) making a  $\frac{1}{4}$  turn to the right with these steps

## ROCK STEP, FORWARD SHUFFLE, WALK, WALK, FORWARD SHUFFLE

- 17-18        Step back on right foot; rock forward onto left foot  
19&20        Shuffle forward (right, left, right)  
21-22        Step forward on left foot; step forward on right foot  
23&24        Shuffle forward (left, right, left)

## CROSS, STEP BACK, COASTER STEP, SIDE ROCK STEP, TURNING TRIPLE STEP

- 25-26        Cross right foot over left and step; step back on left foot  
27&28        Step back on right foot; step left foot next to right; step forward on right foot  
29-30        Step to the left on left foot; rock onto right foot  
31&32        Triple step in place (left, right, left) making a  $\frac{1}{2}$  turn to the left on these steps

**REPEAT**

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