

Weren't You The One

COPPER KNOB
BY STEPHEN

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Trent Duncan (AUS)
音乐: Unknown



- 1-4 Walk forward right, left, right, left
5-6 Step right over left, turning $\frac{1}{4}$ turn right, step back left
7&8 Turning $\frac{1}{4}$ turn right shuffle right-left-right to right side
- 1&2 Touch left heel forward, step left together, step right forward. (left heel ball-change)
3&4 Touch left heel forward, step left together, step right forward. (left heel ball-change)
5-6 Turning $\frac{1}{4}$ turn right, step left back, turning $\frac{1}{4}$ turn right step right to right side
7&8 Cross shuffle left-right-left to right side
- 1&2 Touch right heel forward, step right together, step left forward. (right heel ball-change)
3&4 Touch right heel forward, step right together, step left forward. (right heel ball-change)
5-8 Step right forward, pivot $\frac{1}{2}$ turn left, turning $\frac{1}{4}$ turn left, step left back, touch right together
- 1&2 Touch right toe over left, step right beside left, touch left toe over right
&3&4 Step left beside right, touch right heel forward, step right beside left, touch left heel forward
&5&6 Step left beside right, touch right to right side, step right beside left, touch left to left side
&7-8 Step left beside right, touch right to right side, turning $\frac{1}{4}$ turn right, drag right beside left
- 1-4 Step left forward, pushing hips, left, right, left, left
5-8 Step right forward, pushing hips, right, left, right, right
- 1-2 Step left over right, turning $\frac{1}{4}$ turn right, step right back
3&4 Step left back, step right beside left, step left forward. (left coaster step)
5-6 Step right over left, turning $\frac{1}{4}$ turn right step left back
7&8 Shuffle forward right-left-right
- 1-2 Step left forward, pivot $\frac{1}{4}$ right
3-4 Step left over right, turning $\frac{1}{4}$ turn left, step right back
5&6 Turning $\frac{1}{2}$ turn right, shuffle forward left-right-left
7-8 Walk forward right left
- 1&2 Step right behind left, step left to left side, step right in place. (right sailor shuffle)
3&4 Step left behind right, step right to right side, step left in place. (left sailor shuffle)
5-8 Step right over left, unwind $\frac{3}{4}$ turn left, for 3 beats

REPEAT

BRIDGE

On the second wall of the dance do the first 16 counts, then restart the dance again, with the walk forward