

Well Oiled (Lovin' Machine)

COPPERKNOB
STEPSHEETS

拍数: 96 墙数: 4 级数: Advanced
编舞者: Rob Fowler (ES)
音乐: Well Oiled Lovin' Machine - Scooter Lee



Toe Fans And Heel/toe Lifts.

- 1 - 4 Fan Right Toe Out To Right Side Twice
- 5 - 6 Lift Right Heel And Left Toe At Same Time. Replace Weight
- 7 - 8 Lift Right Toe And Left Heel At Same Time. Replace Weight.
- 9 - 12 Fan Left Toe Out To Left Side Twice
- 13 - 14 Lift Right Heel And Left Toe At The Same Time. Replace Weight
- 15 - 16 Lift Right Toe And Left Heel At Same Time. Replace Weight.

Side Touches. (single And Double Time)

- 17 - 18 Touch Right Foot Out To Right Side & Hold For 1 Beat.
- 19 - 20 Bring Right Foot Back To Place & Hold For 1 Beat.
- 21 - 24 Touch Right Foot Out To Right Side & Return To Place - Twice
- 25 - 26 Touch Left Foot Out To Left Side & Hold For 1 Beat.
- 27 - 28 Bring Back To Place.
- 29 - 32 Touch Left Foot Out To Left Side & Return To Place - Twice.

Camel Walks And 1/2 Turns

- 33 Step Forward On Left Foot
- 34 Slide Right Foot Up To The Left.
- 35 Step Forward On Left Foot
- 36 Hooking Right Foot Behind Left Calf And Make 1/2 Turn Left.
- 37 Step Back On Right Foot
- 38 Slide Left Foot To The Right.
- 39 Step Back On Right Foot
- 40 Touch The Left Foot In Place.

Camel Walks And 1/2 Turns

- 41 - 48 Repeat Steps 33 - 40

Running Right - Reducing Beats.*

- 49 - 52 Step Right Foot To Right Side & Hold For 4 Beats.
- 53 - 56 Cross Left Foot Over Right & Hold For 4 Beats.
- 57 - 58 Step Right Foot To Right Side & Hold For 2 Beats
- 59 - 60 Cross Left Over Right & Hold For 2 Beats.
- 61 Step Right Foot To Right Side.
- 62 Cross Left Over Right.
- 63 & 64 Step Right To Right-cross Left Over Right-step Right To Right.

Left Moving Applejacks

Take Weight Onto Left Heel And Right Toe.

- 65 Swivel Left Toe & Right Heel To The Left. Change Weight Onto Left Toe And Right Heel
- 66 Swivel Left Heel & Right Toe To The Left. Change Weight Onto Left Heel And Right Toe.
- 67 Swivel Left Toe & Right Heel To The Left. Change Weight Onto Left Toe And Right Heel
- 68 Swivel Left Heel & Right Toe To The Left. Change Weight Onto Left Heel And Right Toe.
- 69 Swivel Left Toe & Right Heel To The Left. Change Weight Onto Left Toe And Right Heel
- 70 Swivel Left Heel & Right Toe To The Left. Change Weight Onto Left Heel And Right Toe.
- 71 Swivel Left Toe & Right Heel To The Left. Change Weight Onto Left Toe And Right Heel

72 Swivel Left Heel & Right Toe To The Left.

Heels Taps

73 - 74 Tap Right Heel Forward Twice

75 - 76 Tap Right Toe Back Twice

77 Tap Right Heel Forward Once

78 Tap Right Toe Back Once

Hitch - 1/4 Turn Right & Thigh Slaps

79 Hitch Right Knee And Slap Right Thigh With Left Hand

80 Touch The Right Foot Back To Place

81 Turn 1/4 Right Hitch & Slap Right Thigh With Right Hand

82 Step The Right Foot In Place - (taking Weight)

Heel / Toe Taps - Cross Unwind And Stomp

83 Tap The Left Heel Forward

84 Tap The Left Toe Directly Behind

85 Bring The Left Foot Behind The Right

86 Unwind 1/2 Turn Left.

87 - 88 Stomp Right. Stomp Left.

Heel Switches / Cross Unwind And Stomp

89 Tap Right Heel Forward

& 90 Switch Weight To Right Foot And Tap Left Heel Forward

91 Cross Right Foot Over Left

92 Hold For One Beat.

93 - 94 Unwind Full Turn Left (over 2 Beats)

95 - 96 Stomp Right. Stomp Left.
