

Well Oiled (Lovin' Machine)

COPPERKNOB
STEPSHEETS

拍数: 72 墙数: 0 级数:
编舞者: Rob Fowler (ES)
音乐: Well Oiled Lovin' Machine - Scooter Lee



TOE FANS AND HEEL/TOE LIFTS

- 1-4 Fan right toe out to right side twice fan
- 5-6 Lift right heel & left toe at same time, replace weight
- 7-8 Lift right toe & left heel at same time, replace weight
- 9-12 Fan left toe out to left side twice
- 13-14 Lift right heel & left toe at the same time, replace weight
- 15-16 Lift right toe & left heel at same time, replace weight

SIDE TOUCHES, (SINGLE AND DOUBLE TIME)

- 17-18 Touch right foot out to right side & hold for 1 beat
- 19-20 Bring right foot back to place & hold for 1 beat
- 21-24 Touch right foot out to right side & return to place (twice)
- 25-26 Touch left foot out to left side & hold for 1 beat
- 27-28 Bring back to place
- 29-32 Touch left foot out to left side & return to place (twice)

CAMEL WALKS AND ½ TURNS

- 33 Step forward on left foot
- 34 Slide right foot up to the left
- 35 Step forward on left foot
- 36 Hooking right foot behind left calf & make ½ turn left
- 37 Step back on right foot
- 38 Slide left foot to the right
- 39 Step back on right foot
- 40 Touch the left foot in place

CAMEL WALKS AND ½ TURNS

- 41-48 Repeat steps 33-40

RUNNING RIGHT - REDUCING BEATS

- 49-52 Step right foot to right side & hold for 4 beats
- 53-56 Cross left foot over right & hold for 4 beats
- 57-58 Step right foot to right side & hold for 2 beats
- 59-60 Cross left over right & hold for 2 beats
- 61 Step right foot to right side
- 62 Cross left over right
- 63&64 Step right to right, cross left over right, step right to right

LEFT MOVING APPLEJACKS

- 65 Take weight onto left heel & right toe, swivel left toe & right heel to the left
- 66 Change weight onto left toe & right heel, swivel left heel & right toe to the left
- 67 Change weight onto left heel & right toe, swivel left toe & right heel to the left
- 68 Change weight onto left toe & right heel, swivel left heel & right toe to the left
- 69 Change weight onto left heel & right toe, swivel left toe & right heel to the left
- 70 Change weight onto left toe & right heel swivel left heel & right toe to the left
- 71 Change weight onto left heel & right toe, swivel left toe & right heel to the left

REPEAT
