

Weep No More

拍数: 64 墙数: 2 级数: Improver
编舞者: Mare Dodd (USA)
音乐: Oh, Mary, Don't You Weep - Bruce Springsteen



SHUFFLE, TURN ¼ LEFT WITH ROCK-RECOVER, SHUFFLE, FULL TURN

1&2 Shuffle right to right side
3-4 Turn ¼ left as you rock back on left; recover on right (facing 9:00)
5&6 Shuffle forward left
7-8 Full turn left as you step right, left (option: walk right, left)

SHUFFLE, TURN ¼ LEFT WITH ROCK-RECOVER, SHUFFLE, FULL TURN

1&2 Shuffle right to right side
3-4 Turn ¼ left as you rock back on left; recover on right (facing 6:00)
5&6 Shuffle forward left
7-8 Full turn left as you step right, left (option: walk right, left)

SHUFFLE; ROCK-RECOVER, SHUFFLE, ROCK-RECOVER WITH ¼ TURN

1&2 Shuffle right to right side
3-4 Rock back on left, recover on right
5&6 Shuffle left to left side
7-8 Turn ¼ right as you rock back on right, recover on left (facing 9:00)

SHUFFLE, PIVOT ½ SHUFFLE, FULL TURN

1&2 Shuffle forward right
3-4 Step forward on left & pivot ½ right
5&6 Shuffle forward left
7-8 Full turn left as you step right, left (option walk right, left) (facing 3:00)

TOE-HEEL STRUTS, SHUFFLE, ½ TURN

1-2 Touch right toe to right side; drop right heel
3-4 Cross/touch left toe over right foot, drop left heel
5&6 Shuffle right to right side
7-8 Turn ½ left as you step on left, step right beside left (facing 9:00)

TOE-HEEL STRUTS, SHUFFLE, ½ TURN

1-3 Touch left toe to left side; drop left heel
3-5 Cross/touch right toe over left foot, drop right heel
5&6 Shuffle left to left side
7-8 Turn ½ right as you step on right, step left beside right (facing 3:00)

SAILOR STEPS; SAILOR WITH ¼ TURN, SAILOR STEP

1&2 Right sailor step - step right behind left, step left to left side, step right beside left
3&4 Left sailor step - step left behind right, step right to right side, step left beside right
5&6 Turn ¼ right as you do a right sailor step
7&8 Left sailor step ending with left foot forward (facing 6:00)

SHUFFLE, PIVOT; SHUFFLE, PIVOT

1&2 Shuffle forward on right
3-4 Step forward on left, pivot ½ right (facing 12:00)
5&6 Shuffle forward on left

7&8 Step forward on right, pivot $\frac{1}{2}$ left (facing 6:00)

REPEAT

TAG

After walls 4, 5, 6, and 8, repeat counts 33-64 of the dance

ENDING

After the 4th time through the tag, the music slows down. Do the last 8 counts twice, hold 2 counts, then dance all the way through the dance. You could opt to quit right after the music slows down
