

# Weekdays

拍数: 40      墙数: 4      级数:  
编舞者: Janet Halls (AUS) & Lisa Firth (AUS)  
音乐: Except for Monday - Lorrie Morgan



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- 1-4            Step forward on right foot, lock left behind right, step forward on right, scuff left  
5-8            Step forward on left foot, lock right behind left, step forward on left, scuff right
- 9-10          Step forward on right, pivot  $\frac{1}{2}$  turn left (transferring weight onto right)  
11-12        Turning  $\frac{1}{4}$  turn left-step left to left side, hold
- 13-14        Step right across in front of left, rock onto left  
15-16        Step right to right side, hold
- 17-18        Step left across in front of right, rock onto right  
19-20        Step left to left side, hold
- 21-22        Step right across in front of left  
23-24        Slowly turn  $\frac{1}{2}$  turn left (rotating hips to the left taking weight on left)
- 25-26        Step back on right, step back on left  
27-28        Step forward on right, hold
- 29-30        Step left to left side, rock onto right  
31-32        Step left across in front of right, hold
- 33-34        Step right to right side, rock onto left  
35-36        Step right across in front of left, hold
- 37-38        Step back on left, step back on right  
39-40        Step forward on left, hold

**REPEAT**

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