

We're In Heaven

COPPER **KNOB**
BY STEPHENETS

拍数: 0 墙数: 4 级数: Improver
编舞者: Christopher Petre (USA) & Alexandra Petre
音乐: Heaven - DJ Sammy & Yanou



Sequence: A-B-A, A-B-A through out

It may be easier to think of this dance as a 72 count, 2 wall non-phrased dance where counts 41 through 72 are simply repeating counts 1-32!

PART A

ROCK, RECOVER, COASTER STEP, STOMP, HOLD, FLAG YOUR ARMS

- 1-2 Step right forward, rocking weight over foot, rock weight back onto left
- 3&4 Step right back, step together left, step forward right
- 5-6 Stomp left forward and hold
- 7 Point right hand to right side with bent elbow
- & Point left hand to left side with bent elbow
- 8 Extend right arm up pointing upward, lowering left to side

ROCK FORWARD, ROCK BACKWARDS, STEP-TURN-SIT, SHRUG, SHRUG

- 1-2 Step right forward, rocking weight over foot, rock weight back onto left
- 3-4 Step right backward, rocking weight back, rock weight back onto left
- 5 Step right forward
- 6 Keeping weight on right, turn ½ left, and bend knees into a "sit" position & lean back twisting torso to face right diagonal

Weight stays back on right

- &7&8 Shrug shoulders up down, up down

AND STEP HOLD, STEP HOLD, JAZZ WALK, JAZZ WALK, BUMP BUMP

- &1-2 Take weight left, step forward right, and hold
- 3-4 Step forward left, hold
- 5-6 Step forward on right, rolling right hip out, step forward left, rolling left hip out
- 7-8 Step forward right and, bump hips to right side twice, weight remains on right

STEP, TURN, SHUFFLE STEP, HEEL AND HEEL, AND ROCK QUARTER TURN

- 1-2 Step forward left, pivot ½ turn right, weight on to right
- 3&4 Shuffle forward left, right, left
- 5 Touch right heel forward
- &6 Step right next to left, touch left heel forward
- &7 Step left next to right, step right to right side, rocking weight out over right foot
- 8 Step left in place making a ¼ turn left (part a finishes ¼ turn left- 9:00 wall)

PART B

Will always be facing on a side wall, either 9:00 or 3:00

STEP HOLD, TURN HOLD, STEP HOLD, TURN-SAFE, SAFE

- 1-2 Step forward right, hold
- 3-4 Pivot ½ turn left, weight on left, hold
- 5-6 Step forward right, hold
- & Turn ½ turn left keeping weight back on right, cross hands in front of waist, palms down
- 7 As if making a "safe" call at a baseball game, swing arms out while bending knees down into a "sit"
- & Straighten up and re-cross hands in front of waist

- 8 Again, as if making a "safe" call at a baseball game, swing arms out while bending knees down
- & Straighten up and take weight onto your left (to start Part A rocking forward right!)
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