

We're From The Country

COPPER KNOB
STEPPERS

拍数: 0 墙数: 2 级数: Intermediate/Advanced
编舞者: Leslie Moore (USA)
音乐: I'm from the Country - Tracy Byrd



Sequence: AAB AAB A- BB

PART A (VOCALS)

- 1-2 Rock forward on right heel with turning toe inward and "grinding" outward, recover back on left
- 3-4 Rock back on right foot, recover forward on left
- 5-6 Step forward right, pivot $\frac{1}{2}$ to left
- 7-8 Step forward right, pivot $\frac{1}{2}$ to left
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- 1-2 Step right to right side, step left behind right
- 3-4 Step right to right side, step left in front of right
- 5 Step right to right side and turn $\frac{1}{4}$ to left
- 6 Kick left foot forward (can do a small hop on right foot simultaneously)
- 7-8 Step back on left foot, stomp right (taking no weight)
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- 1-2 Touch right toe at left instep turning right knee inward, touch right heel at left instep turning right knee outward
- 3-6 Step right across left, step back on left, step right slightly to right side, touch left heel forward
- &7 Small jump to take weight on left foot, step right across left
- 8 On balls of both feet turn $\frac{1}{4}$ to left
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- 1&2 Shuffle left-right-left to left side
- 3-4 Rock back on right, recover forward on left
- 5&6 Shuffle right-left-right to right side
- 7 Spin $\frac{1}{2}$ to right on ball of right foot, and landing by stepping left to left side
- 8 Continue turning an additional $\frac{1}{2}$ to right on balls of both feet

You'll end up with legs crossed

- 1&2 Shuffle left-right-left to left side
- 3-4 Rock back on right, recover forward left
- 5-7 Walk forward right, left, right
- 8 Spin $\frac{1}{2}$ turn to right on right foot while kicking left foot behind you
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- 1-2 Step forward on left foot, spin $\frac{1}{2}$ turn to right on left foot while hitching right knee
- 3-4 Stomp forward right, left
- 5-6 Pop right knee in, then left knee (Elvis style!)
- 7-8 Circle hips to left

PART A-

Repeat all of Part A, except replace the final 8 counts with:

- &1 Small jump forward left-right
- 2-3 Lift & drop heels twice
- 4 Clap
- &5 Small jump forward left-right
- 6-7 Lift & drop heels twice
- 8 Clap

&1 Small jump forward left-right
2-3 Lift & drop heels twice
4 Clap
5-8 Two hip circles to the left

PART B (INSTRUMENTAL)

1-2 Kick right foot across left, kick right foot to right side
3&4 Right sailor shuffle
5-6 Kick left foot across right, kick left foot to left side
7&8 Left sailor shuffle

1-2 Step forward right, pivot $\frac{1}{4}$ to left
3-4 Step forward right, pivot $\frac{1}{4}$ to left
5-6 Step forward right, pivot $\frac{1}{4}$ to left
7-8 Step forward right, pivot $\frac{1}{4}$ to left

1-4 Right grapevine, turning $\frac{1}{2}$ to right on third count and scuffing left on fourth count
5-8 Left grapevine, scuffing right on final count

1-4 Right grapevine, turning $\frac{1}{2}$ to right on third count and scuffing left on fourth count
5-8 Left grapevine, scuffing right on final count

1&2 Shuffle forward right-left-right
3-4 Rock forward left, recover back right
5&6 Shuffle backward left-right-left
7-8 Rock back right, recover forward left

1&2 Shuffle forward right-left-right
3-4 Step forward left, pivot $\frac{1}{2}$ to right
&5 Small jump forward left-right
6 Clap
&7 Small jump forward left-right
8 Clap
