We Love To Boogie

拍数: 48

级数: Improver

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音乐: I Love to Boogie - Marc Bolan & T. Rex

SAILOR SHUFFLE, SAILOR SHUFFLE TURNING 1/8 LEFT

- 1-2-3-4 Step right behind left, step left beside right, step right forward
- 5-6-7-8 Step left behind right, step right beside left, step left forward (end 1/8 to the left facing the 10:30 wall)

STEP KICK, STEP KICK, STEP (RIGHT, LEFT, RIGHT) TOUCH LEFT

- Step right forward, kick left forward, step left forward, kick right forward 1-4
- 5-8 Step back right, step back left, step back right, touch left beside right

1/8 TURN LEFT & GRAPEVINE LEFT, GRAPEVINE RIGHT WITH A ½ TURN RIGHT

- 1-4 Step left toeing out 1/8 to the left (facing 9:00), step right behind left, step left to the left, touch right beside left
- Step right to the right side, step left behind right, step right to the right side (toeing out ¼ turn, 5-8 step left beside right (finishing the 1/2 turn right and ending with the weight on the left) (now facing 3:00)

STEP RIGHT, KICK LEFT, STEP LEFT, KICK RIGHT, GRAPEVINE RIGHT, KICK LEFT

- Step right to the right side, kick left across in front of right, step left to the left side, kick right 1-4 across in front of left
- 5-8 Step right to the right side, step left behind right, step right to the right side, kick left across in front of right

STEP (LEFT, RIGHT), SWIVEL HEELS OUT & IN, STEP RIGHT, TOUCH (¼ TURN LEFT), STEP LEFT, TOUCH (¼ TURN LEFT)

- 1-4 Step left beside right, step right slightly forward, swivel the heels out & in
- 5-8 Step right forward, touch left beside right (1/4 turn left), step left sideways to left, touch right beside left (1/4 turn left) (facing 9:00)

GRAPEVINE RIGHT, STEP LEFT, TOGETHER, LEFT, HOLD

- 1-4 Step right to the right side, step left behind right, step right to the right side, touch left beside right
- 5-8 Step left to the left side, step right next to left, step left to the left side, drag right toe 1/2 way back in but hold with no weight on right, ready to start again

Option: make 5-8 a three step turn with a hold

REPEAT





墙数:4