

We Are The Same

COPPER **KNOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Intermediate
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音乐: We Are the Same - Kenny Rogers



FORWARD STEP WITH SWEEP, CROSS, BACK, BACK, LOCK, BACK, ROCK BACK, RECOVER, TURNING

- 1-3 Step right foot forward while sweeping left toe out to left side and forward, step left foot across front of right, step back with right foot
4&5 Step back with left foot, lock step right foot in front of left, step back with left foot
6-7 Rock back with right foot, recover weight forward to left foot
8&1 Turn $\frac{1}{4}$ left and step forward with right foot, turn $\frac{1}{2}$ right and step back with left foot, step back with right foot

ROCK BACK, RECOVER, FORWARD, LOCK, FORWARD, SYNCOPATED ROCK, STEP

- 2-3 Rock back with left foot, recover weight forward to right foot
4&5 Step forward with left foot, lock step right foot behind left, step forward with left foot
6& Small rock forward with right foot, recover weight back to left foot
7& Small rock back with right foot, recover weight forward to left foot
8 Step forward with right foot

$\frac{1}{2}$ TURN LEFT WITH RONDE, BEHIND, SIDE, SYNCOPATED CROSS ROCK, POINT, POINT, SAILOR SHUFFLE

- 1 Turn $\frac{1}{2}$ left, keeping weight on right foot, sweep left toe out to left side and back
2-3 Step left foot crossed behind right, step right foot to right side
4&5 Rock left foot across front of right, recover weight back to right foot, step left foot to left side
6-7 Point right toe across front of left, point right toe to right side
8&1 Step right foot crossed behind left, step left foot to left side, step right foot to right side, slight forward

FORWARD ROCK, RECOVER, $\frac{1}{2}$ TURN LEFT, FORWARD ROCK, RECOVER, $\frac{1}{2}$ TURN RIGHT

- 2-3 Rock forward with left foot, recover weight back to right foot
4&5 Turn $\frac{1}{4}$ left, step left foot to left side, step together with right, turn $\frac{1}{4}$ left, step forward with left
6-7 Rock forward with right foot, recover weight back to left foot
8& Turn $\frac{1}{4}$ right and step right foot to right side, step together with left and turn $\frac{1}{4}$ right
(1) Step right foot forward while sweeping left toe out to left side and forward (this is actually the first count of the dance to start again)

REPEAT

OPTION:

On counts 32&1, add an extra turn by doing this

- 32 Turn $\frac{1}{2}$ right and step forward with right foot
& Turn $\frac{1}{2}$ right and step back with left foot
1 Turn $\frac{1}{2}$ right and step right foot forward while sweeping left toe out to left side and forward