

The Way Things Are

COPPERKNOB
STEPSHEETS

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Jim Grice (UK)
音乐: The Way Things Are - Scooter Lee



LEFT CHASSE ¼ TURN LEFT, SIDE TAP, ROCK, ROCK, TAP, KICK

1&2 Step left to left, close right beside left, step left to left turning ¼ left
3-4 Step right to right side, tap left toe behind right heel
5-6 Rock to left side on left, rock to right on right
7-8 Tap left toe behind right heel, kick left foot forward

You are now facing 9:00

STEP BACK LEFT, HALF TURN RIGHT, LEFT SHUFFLE, RIGHT KICK BALL STEP, HIP BUMPS

1-2 Step back on left, turn ½ turn right on right
3&4 Left shuffle forward,
5&6 Kick right foot forward, step right in place, step forward on left
7&8 Hip bumps left, right, left

You are now facing 3:00

RIGHT SAILOR, LEFT SAILOR WITH ¼ TURN LEFT, RIGHT SAILOR, ROCK FORWARD, ROCK BACK

1&2 Step right behind left, step left to left, step right in place
3&4 Step left behind right, step right to right with a ¼ turn left, step left in place
5&6 Step right behind left, step left to left, step right in place
7-8 Rock forward onto left foot, rock back onto right foot

You are now facing 12:00

TURN ¼ TURN LEFT, PAUSE, ROCK, ROCK SHUFFLE, SHUFFLE

1-2 Turn ¼ turn left onto left, hold
3-4 Angling your body diagonally to the right rock onto right, angling your body to the left rock onto left
5&6 Angling your body diagonally to the right, shuffle right
7&8 Angling your body diagonally to the left, shuffle left

You are now facing 9:00

WALK FORWARD RIGHT LEFT RIGHT, KICK LEFT FORWARD, ROCK ROCK, LEFT SHUFFLE FORWARD

1-2 Walk forward right, walk forward left
3-4 Walk forward right, kick left foot forward
5-6 Rock back onto left foot, rock forward onto right
7&8 Left shuffle forward

You are facing 9:00

PIVOT ½ TURN LEFT, SHUFFLE ¼ TURN LEFT, STEP LEFT BEHIND RIGHT TURN ¼ TURN RIGHT, STOMP LEFT, STOMP RIGHT

1-2 Step forward on right, pivot ½ turn left
3&4 Step onto right turning ¼ turn left, close left beside right, step right to right

You are now facing 12:00

5-6 Step left behind right, turn ¼ turn right onto right
7-8 Stomp left beside right, stomp right beside left

You are now facing 3:00

REPEAT

