

The Way That You Walk

COPPER KNOB
STEPSHEETS

拍数: 48 墙数: 2 级数: Beginner
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音乐: Word Up! - Cameo



WALK, WALK, WALK, TOUCH - WALK, WALK, WALK, TOUCH

1-4 Step forward right, step forward left, step forward right, touch left to left side
5-8 Step forward left, step forward right, step forward left, touch right to right side

BACK, BACK, BACK, TOUCH - BACK, BACK, BACK, TOUCH

1-4 Step back on right, step back on left, step back on right, touch left to left side
5-8 Step back on left, step back on right, step back on left, touch right to right side

RIGHT VINE WITH SHUFFLE, LEFT VINE WITH SHUFFLE

1-2 Step right with right, step left slightly behind
3&4 Right side shuffle - right, left, right
5-6 Step left with left, step right slightly behind
7&8 Left side shuffle - left, right, left

CROSS MAMBO, CROSS MAMBO, FORWARD MAMBO, ¼ TURN MAMBO

1&2 Cross right over left at a 45 degree angle, rock down on left, step on right
3&4 Cross left over right at a 45 degree angle, rock down on right, step on left
5&6 Rock forward on right, rock down on left, step on right
7&8 Rock forward on left, rock down on right, turn ¼ to right step on left

RIGHT SHUFFLE, SHUFFLE FULL TURN, LEFT SHUFFLE

1&2 Forward right shuffle - right, left, right
3&4 Left shuffle to the right, complete a ½ turn - left, right, left
5&6 Right shuffle to the right, complete a ½ turn - right, left, right
7&8 Forward left shuffle - left, right left

½ TURN LEFT PIVOT, ½ TURN LEFT WITH SHUFFLE, ROCK STEP, ¼ TURN RIGHT WITH A SHUFFLE

1-2 Step forward with right, pivot ½ to left
3&4 Step forward with right, turn ¼ left stepping on left, turn ¼ left stepping back on right
5-6 Rock back on left, rock forward on right
7&8 Step forward on left, turn ¼ right stepping on right, step down on left

REPEAT

Options on 1st 16 counts:

Pick up your heel after the walks and backs. Swing your leg out to side after the walks and backs. Or bump your hip after the walks and backs. Use your arms, swish your hips, make it Latin or make it funky.