

# Way Of Life (P)

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 0      级数: Partner  
编舞者: Bev Fluck (USA) & Ed Fluck (USA)  
音乐: Back When - Tim McGraw



Position: Start in cape position

## FORWARD SHUFFLES

1-4      Shuffle right, left, right. Shuffle left, right, left

## RIGHT SIDE ROCK & RECOVER, STEP RIGHT FORWARD SCUFF LEFT

5-6      Rock right back left

7-8      Step right forward, scuff left next to right

## FORWARD SHUFFLES

9-12      Shuffle left, right, left. Shuffle right, left, right

## LEFT SIDE ROCK & RECOVER, STEP LEFT FORWARD SCUFF RIGHT

13-14      Rock left back right

15-16      Step left forward scuff right next to left

## SIDE STEP TO RIGHT, TOUCH LEFT

17-18      Step right foot to right side, touch left next to right

## SIDE STEP TO LEFT, TOUCH RIGHT

19-20      Step left to left side, touch right next to left

## MAN GRAPEVINE RIGHT, LADY ROLLING GRAPEVINE RIGHT (RETURNING TO CAPE POSITION)

Drop left hands on step 21, pick back up on step 24

21-24      **MAN:** Step right to right, step left behind right, step right to right, touch left next to right

**LADY:** Step right to right starting  $\frac{1}{4}$  turn right, step left next to right making  $\frac{1}{2}$  turn right, step right next to left making  $\frac{1}{4}$  turn right, touch left next to right

## STEP FORWARD LEFT, TOUCH RIGHT

25-26      Step forward left, touch right next to left

## STEP FORWARD RIGHT TOUCH LEFT

27-28      Step forward right, touch left next to right

## WALK FORWARD LEFT, RIGHT, LEFT, TOUCH RIGHT NEXT TO LEFT

29-32      Walk forward left, right, left, touch right foot next to left

## STEP BACK RIGHT TOUCH LEFT NEXT TO RIGHT

33-34      Step back right, touch left next to right

## STEP BACK LEFT TOUCH RIGHT NEXT TO LEFT

35-36      Step back left, touch right next to left

## MAN WALK BACK RIGHT, LEFT, RIGHT, TOUCH LEFT NEXT TO RIGHT, LADY WALK BACK MAKING A FULL TURN TO YOUR RIGHT

Drop left hands on step 37, pick back up on step 39

37-40      **MAN:** Step back right, step back left, step back right, touch left next to right

**LADY:** Step back on right making  $\frac{1}{2}$  turn to your right, step back on left making  $\frac{1}{2}$  turn to your right, step back on right, touch left next to right

**STEP LEFT TO LEFT SIDE TOUCH RIGHT NEXT TO LEFT**

41-42 Step left to left side, touch right next to left

**STEP RIGHT TO RIGHT SIDE TOUCH LEFT NEXT TO RIGHT**

43-44 Step right to right side, touch left next to right

**MAN & LADY DO ROLLING GRAPEVINE TO THE LEFT ENDING WITH A SCUFF**

45-48 Step left to left starting  $\frac{1}{4}$  turn left, step right next to left making  $\frac{1}{2}$  turn left, step left next to right making  $\frac{1}{4}$  turn left, scuff right next to left

**JAZZ BOX WITH A SCUFF**

49-52 Step right over left, step left behind right, step right to right, scuff left next to right

**JAZZ BOX WITH A SCUFF**

53-56 Step left over right, step right behind left, step left to left, scuff right next to left

**STEP FORWARD RIGHT, SCUFF LEFT**

57-58 Step right forward, scuff left next to right

**SHUFFLE FORWARD LEFT, RIGHT, LEFT**

59-60 Shuffle left, right, left

**STEP FORWARD RIGHT, SCUFF LEFT**

61-62 Step right forward, scuff left next to right

**SHUFFLE FORWARD LEFT, RIGHT, LEFT**

63-64 Shuffle left, right, left

**REPEAT**

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