

The Way It Is (P)

拍数: 32 墙数: 0 级数: Partner
编舞者: Ray Hodson (UK)
音乐: The Way It Is - Bruce Hornsby



STEP, TOGETHER, STEP TOUCH, STEP, TOGETHER, STEP TOUCH

- 1& Step forward right to right diagonal, step left next to right (LOD)
- 2& Step forward right to right diagonal, touch left next to right
- 3& Step forward left to left diagonal, step right next to right
- 4& Step forward left to left diagonal, touch left next to right

LADY FULL TURN, STEP, TOGETHER, STEP TOUCH

Raise right hands drop left hands

- 5& **LADY:** Turn $\frac{1}{4}$ left stepping back on right, turn a half left stepping forward on left
MAN: Step forward right to right diagonal, step left next to right
- 6& **LADY:** Turn $\frac{1}{4}$ left stepping forward on right, touch left next to right
MAN: Step forward right to right diagonal, touch left next to right

BOTH (IN SIDE-BY-SIDE POSITION)

- 7& Step forward left to left diagonal, step right next to right
- 8& Step forward left to left diagonal, touch left next to right

HEEL & HEEL, ROCK HALF TURN, HEEL & HEEL, ROCK HALF TURN

- 1& Touch right heel forward side, step right together
- 2& Touch left heel forward, step left together. (drop left hands, raise right hands)
- 3&4 Rock forward right, turn $\frac{1}{2}$ backwards to right on ball of left, step forward right (hands to side-by-side) (RLOD)
- 5& Touch left heel forward side, step left together
- 6& Touch right heel forward, step right together. (drop right hands, raise left hands)
- 7&8 Rock forward left, turn $\frac{1}{2}$ backwards to left on ball of right, step forward left (hands to side-by-side) (LOD)

SIDE ROCK CROSS, SIDE ROCK CROSS, LADY TURN, TURN, STEP, MAMBO $\frac{1}{4}$ TURN

- 1&2 Rock right to side right, recover on left, cross right over left
- 3&4 Rock left to side left, recover on right, cross left over right. (drop left hands, raise right hands)
- 5&6 **LADY:** Turn $\frac{1}{4}$ left stepping back on right, turn $\frac{1}{2}$ left stepping forward on left, step forward on right. (OLOD)
MAN: Turn $\frac{1}{4}$ right stepping right, left, right. (hands to side-by-side)

BOTH

- 7&8 Step forward left, turning $\frac{1}{4}$ to left step back right, step left next to right. (LOD)

SIDE RIGHT, TOGETHER STEP BACK, BACK SHUFFLE, BACK MAMBO, FORWARD SHUFFLE

- 1&2 Step right to right side, step left together, step back right
- 3&4 Shuffle backward left right left
- 5&6 Back mambo stepping back right, forward left, together right
- 7&8 Forward shuffle left, right, left (LOD)

REPEAT