

Way Gone

拍数: 64 墙数: 4 级数: Intermediate/Advanced
编舞者: Noel Bradey (AUS)
音乐: Way Gone - Brooks & Dunn



- 1-2 Step forward on right turning $\frac{1}{2}$ turn left, turn $\frac{1}{2}$ left stepping forward on left
3-4 Stomp forward on right (bending knees), turn $\frac{1}{4}$ turn left on right swinging left leg into air (in preparation for sailor step)
5&6 Step on left across & behind right, step on ball of right to right, step on left in place
7&8 Step on right across & behind left, step on ball of left to left, step on right in place
- 1-2 Left heel forward at 45 degrees, step left beside right
3-4 Stomp forward on right (bending knees), turn $\frac{1}{4}$ turn left on right swinging left leg into air (in preparation for sailor step)
5&6 Step on left across & behind right, step on ball of right to right, step on left in place
7&8 Step on right across & behind left, step on ball of left to left, step on right in place
- 1-2 Left heel forward at 45 degrees, step left beside right
3-4 Touch right toe to right side, turn $\frac{1}{2}$ turn right on ball of left dragging right in beside left and finishing weight on right
5-6 Touch left toe to left side, step left beside right (weight on left)
7-8 Moving right - step right turning $\frac{1}{2}$ turn right, step left turning $\frac{1}{2}$ turn right
- 1&2 Side shuffle to right on right-left-right
3-4 Touch left toe straight back, turn $\frac{1}{2}$ turn left (ending weight on right)
&5 Hop on left to center, touch right to right side
&6 Hop on right to center, touch left to left side
&7 Hop on left to center, touch right heel forward
8 Touch right toe beside left
- Next 4 counts moving to the right**
- 1&2 Touch right heel to right side, step on ball of right, step left beside right
3&4 Touch right heel to right side, step on ball of right, step left beside right
5-6 Step forward on right turning $\frac{1}{4}$ turn right, kick left forward at 45 degrees left
7-8 Touch left toe over right, unwind $\frac{1}{2}$ turn right (ending weight on left)
- 1&2 Step on right across & behind left, step on ball of left to left, step on right in place
3&4 Step left across & behind right, turning $\frac{1}{4}$ turn left step on ball of left to left, step right in place
5-8 Moving to right - swiveling to right on left with right heel toe, heel toe at same time
- 1-2 Turn $\frac{1}{4}$ turn left stepping back on right, step back left
3-4 Hop back on right kicking left forward, hop back on left kicking right forward
5-6 Hop back on right kicking left forward, hop back on left kicking right forward
7-8 Step forward on right, slide left beside right (weight on right)
- &1-2 Hop onto left in place, touch right straight back on ball of left turn $\frac{1}{2}$ turn right (weight on left)
3&4 Shuffle backwards on right-left-right
5-6 Touch left straight back, on ball of right turn $\frac{1}{2}$ turn left (weight right)
7&8 Turning $\frac{1}{4}$ turn left with triple step on the spot left-right-left

REPEAT

TAG

After walls 2 & 4 only

- 1-4 Touch right heel forward at 45 degrees, step right beside left, touch left heel forward at 45 degrees, step left beside right
 - 5-6 Twist both heels to left, twist both heels to center
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