Waves (P)



拍数: 32 墙数: 0 级数: Improver Partner

编舞者: Lynne Flanders (USA) 音乐: Wave On Wave - Pat Green



Alternative music: "Drinks after work" by Toby Keith

Position: Cape/Sweetheart/Side by side, Keep hands joined through entire dance

WALK, WALK, RIGHT STEP-LOCK-STEP

1-2 Step forward on right foot, step forward on left foot

3&4 Step forward on right foot, on & slide left foot up behind right, step forward on right foot

WALK, WALK, LEFT COASTER-STEP

5-6 Step forward on left, step forward on right

7&8 Step forward on left, on & step right foot beside left, step back on left

TOE, TURN, KICK, RIGHT BACKWARDS LOCK-STEP

1&2 Touch right toe behind you, on & turn ½ turn to right keeping weight on left foot, kick right foot

slightly forward

3&4 Step back on right, on & slide left foot back until crossed in front of right foot, step back on

right

BACK, BACK, LEFT COASTER-STEP

5-6 Step back on left, step back on right

7&8 Step back on left, on & step right foot beside left, step forward on left

STEP, 1/4 PIVOT LEFT, CROSSING SHUFFLE LEFT

1-2 Step forward on right, pivot body ¼ turn toward left switching weight to left foot 3&4 Cross right foot over left, on & step left foot out to left side, cross right foot over left

SHUFFLE LEFT, CROSS, UNWIND 1/4 TURN

Step left foot out to left side, on & step right foot next to left, step left foot out to left side

7-8 Cross right foot over left, pivot body ¼ turn to left shifting weight to left foot

4 FORWARD SHUFFLES

Step forward on right, on & slide left foot beside right, step forward on right Step forward on left, on & slide right foot beside left, step forward on left

5-8 Repeat 1-4

REPEAT