Watch Out!



编舞者: Kathy Hunyadi (USA)

音乐: You Spin Me Round (Like a Record) - Dead or Alive



Dance starts after 16 count intro after "Watch out, here I come..."

KICK, KICK, 3 SAILOR SHUFFLES, 1/4 TURN RIGHT

1-2	Kick right foot forward	, kick right foot out to side
· <u>~</u>	Trion right foot for ward	, mon right root out to oldo

Step right foot behind left, step side left, step right foot beside left

Step left foot behind right, step side right, step left foot beside right

7&8 Step right foot behind left as you turn ½ to right, step beside right, step right foot in place

SYNCOPATED WEAVE RIGHT, JUMP & TOUCH, CROSS UNWIND 1/2 LEFT, CLAP, CLAP

1&2& Cross left foot over right, step right slightly side right, cross left foot behind right, step right

slightly side right

3&4 Cross left foot over right, step right slightly side right, cross left foot behind right

&5&6 Step right to side, point left toe out to side, step left next to right, cross right tightly over left

7&8 Unwind ½ to left (weight on right), clap twice

MASHED POTATOES TRAVELING BACK

&1 Lift left foot slightly off floor and turn both toes in/heels out, step back onto left foot as you

turn both toes out/heels in

Lift right foot slightly off floor and turn both toes in/heels out, step back onto right foot as you

turn both toes out/heels in

&3 Lift left foot slightly off floor and turn both toes in/heels out, step back onto left foot as you

turn both toes out/heels in

&4 Swivel both heels out & in

&5-8 Repeat mashed potatoes traveling back leading with right foot

ROCK, STEP, SHUFFLE FORWARD, ½ TURN LEFT, SHUFFLE ½ TURN

1-2 Rock back on left foot, step in place on right foot

3&4 Shuffle forward left, right, left

5-6 Step forward on right foot, ½ turn left, step on left 7&8 Turn ½ left while shuffling in place right, left, right

CROSS, HOLD, CROSS, HOLD, CROSS UNWIND 1/2 RIGHT, SHUFFLE

1-2&3-4 Cross left over right, hold, step right foot to side, cross left over right, hold

&5-6 Step right foot to side, cross left over right tightly, unwind ½ right (weight on right)

7&8 Shuffle in place left, right, left

PADDLE TURN 1/2 RIGHT, CROSS, STEP, SAILOR SHUFFLE

1&2 Step forward and across with right foot starting to turn right, step side & slightly back on ball

of left, step right forward with toes turned out and continue turning right

&3&4 Step back side & slightly back on ball of left, step right forward with toes turned out, step side

& slightly back on ball of left, step right forward with toes turned out

You will have completed ½ turn right

5-6 Cross left over right, step right foot to right

7&8 Cross left behind right, step right to side, step left beside right

REPEAT

