

Wastin' Time

COPPER KNOB
STEPPERS

拍数: 72 墙数: 2 级数: Intermediate west coast swing
编舞者: Tom Monaghan (NZ) & Wendy Monaghan (NZ)
音乐: Wastin' Time With You - Carlene Carter



RIGHT SCUFF, LEFT SCUFF, ROCKING CHAIR

1-4 Step right forward, scuff left, step left forward, scuff right
5-8 Rock/step right forward, rock back on left, rock back on right, recover onto left

SIDE ROCK RECOVER, STEP, HOLD, TWICE

1-4 Right side rock, recover onto left, step right beside left, hold
5-8 Left side rock, recover onto right, step left beside right hold

KICKBALL TOUCH, HOLD, TWICE

1-4 Right kick ball touch left, hold
5-8 Left kick ball touch right, hold

PIVOT LEFT, PIVOT RIGHT, WITH HOLDS

1-4 Step right forward, pivot $\frac{1}{4}$ left, step right forward, hold & clap, (facing 9:00)
5-8 Step left forward, pivot $\frac{1}{4}$ right, step left forward, hold & clap, (facing 12:00)

VINE RIGHT, $\frac{1}{4}$ TURN HITCH, 3 HIP BUMPS

1-4 Step right to right, step left behind right, step right forward into $\frac{1}{4}$ right, hitch left, (facing 3:00)
5-8 Step down onto left bumping hips left, right, left hold

BOOGIE WALKS

1-4 Boogie walks forward, right foot forward hold, left foot forward, hold
5-8 Boogie walks forward, right, left, right, hold, (twisting heels)

ROCK, RECOVER, SIDE, HOLD

1-4 Cross/ rock left over right, recover onto right, step left to left, hold
5-8 Cross/rock right over left, recover onto left, step right to right, hold

PIVOT $\frac{1}{2}$ TURN, HOLD, PIVOT $\frac{1}{4}$ TURN, HOLD

1-4 Step left forward, pivot $\frac{1}{2}$ right, step left forward, hold, (facing 9:00)
5-8 Step right forward, pivot $\frac{1}{4}$ left, step right forward, hold. (facing 6:00)

ROCK, RECOVER, BACK, HOLD, WALK, TOUCH, HOLD

1-4 Rock left forward, recover onto right, step back on left, hold
5-8 Step right back, step left back, touch right to left, hold

REPEAT
