

# Wasting Time

COPPER KNOB  
STEPSHEETS

拍数: 48      墙数: 1      级数: Intermediate  
编舞者: Mike Repko (USA)  
音乐: Wonderful Waste of Time - Alabama



## RIGHT SIDE ROCK, RIGHT SIDE TOGETHER SIDE: LEFT SIDE ROCK, LEFT SIDE TOGETHER SIDE

1-2      Rock right to right side recover back on to left  
3&4      Step right to right side, step left next to right, step right to right side  
5-6      Rock left to left side recover back on to right  
7&8      Step left to left side, step right next to left, step left to left side

## ROCK FORWARD, LOCK STEP TRIPLE BACK, ROCK BACK, FORWARD LOCK STEP TRIPLE

1-2      Rock forward onto right, recover back onto left  
3&4      Step back on right, lock left in front of right, step back on right  
5-6      Rock back onto left, recover forward onto right  
7&8      Step left forward, step lock right behind left, step left forward

## RIGHT STEP WITH ¼ TURN LEFT, LEFT SIDE TOGETHER SIDE, ROCK STEP, RIGHT SIDE TOGETHER SIDE

1-2      Step forward right making ¼ turn to left, touch left next to right  
3&4      Step left to left side, step right next to left, step left to left side  
5-6      Rock back on right, recover back to left  
7&8      Step right to right side, step left next to right, step right to right side

## ROCK STEP WITH ¼ TURN LEFT, LEFT LOCK STEP FORWARD, RIGHT JAZZ BOX WITH LEFT TOUCH

1-2      Rock back left making ¼ turn left, step forward onto right  
3&4      Step left forward, lock step right behind left, step left forward  
5-6      Step right over left, step back onto left  
7-8      Step right to right side, touch left toe next to right

## LEFT SIDE TOGETHER SIDE, CROSS STEP RIGHT, RIGHT SIDE TOGETHER SIDE CROSS STEP LEFT

1&2      Step left to left side, step right next to left, step left to left side  
3-4      Step right over left, step back onto left  
5&6      Step right to right side, step left next to right, step right to right side  
7-8      Step left over right, step back onto right

## FORWARD LOCK STEP TRIPLE, ½ STEP PIVOT LEFT, FORWARD LOCK STEP TRIPLE, STEP TOUCH

1&2      Step left forward, lock step right behind left, step left forward  
3-4      Step right forward, make ½ turn over left (weight to left foot)  
5&6      Step right forward, lock step left behind right, step right forward  
7-8      Step forward left, touch right toe beside left

REPEAT