

Wasted On The Blues

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver straight rhythm
编舞者: Chuck Fizone (USA)
音乐: Don't Waste It On The Blues - Gene Watson



RIGHT & LEFT VINE WITH DIAGONAL KICK

- 1 Step right foot to right
- 2 Step left foot behind right
- 3 Step right foot to right
- 4 Kick left foot forward at a left diagonal
- 5 Step left foot to left
- 6 Step right foot behind left
- 7 Step left foot to left
- 8 Kick right foot forward at a right diagonal

WALK BACK RIGHT, LEFT, RIGHT, HITCH, WALK FORWARD LEFT, RIGHT, LEFT, SCOOT AND HITCH

- 1 Step back on right foot
- 2 Step back on left foot
- 3 Step back on right foot
- 4 Lift left knee up and lean back
- 5 Step left foot forward
- 6 Step right foot forward
- 7 Step left foot forward
- 8 Scoot forward on left foot and lift right knee up

¼ PIVOT LEFT 2X, CROSS, POINT, CROSS, POINT

- 1 Step right foot forward
- 2 Turn ¼ left (weight to left foot)
- 3 Step right foot forward
- 4 Turn ¼ left (weight to left foot)
- 5 Step right foot over left
- 6 Touch left toes out to left
- 7 Step left foot over right
- 8 Touch right toes out to right

STEP BACK, ¼ TURN LEFT, STEP BEHIND, STEP LEFT, ROCK BACK, RECOVER, LONG STEP RIGHT, TOGETHER

- 1 Step right foot back
- 2 (Turning ¼ left) step left foot to left
- 3 Step right foot behind left (bending knees slightly)
- 4 Step left foot to left
- 5 Rock back right foot behind left
- 6 Recover weight to left foot
- 7 Long step right foot to right
- 8 Slide left foot over next to right

REPEAT