

# Wasted

拍数: 32      墙数: 4      级数: Improver  
编舞者: Audrey Watson (SCO)  
音乐: Wasted - Carrie Underwood



---

## SIDE DRAG TOUCH, BALL CROSS SIDE, REVERSE ½ TURN, KICK BALL CROSS

1-2            Step right to right/side, drag left towards right touch left next right  
&3-4          Step down on ball of left, cross right over left, step left to left/side  
5-6            Point right toe back, reverse ½ turn right (weight on right)  
7&8           Kick left foot forward, step down on left, cross right over left

## SIDE DRAG TOUCH, BALL CROSS SIDE, ¼ TURN SAILOR STEP, WALK, WALK

1-2            Step left to left/side, drag right towards left touch right next left  
&3-4          Step down on ball of right, cross left over right, step right to right/side  
5&6            Swing left round behind right turning ¼ left, step right to right/side, step left to left/side  
7-8            Walk forward on right, left

Restart the dance here on wall 8

## CROSS BACK, & BACK, & BACK, BALL CROSS BACK, & BACK, & BACK

1-2            Cross right over left, step back on left  
&3&4          Step back on right, touch left next right, step back on left, touch right next left  
&5-6          Step down on ball of right, cross left over right, step back on right  
&7&8          Step back on left, touch right next left, step back on right. Touch left next right

## ROCK STEP, STEP LOCK, SHUFFLE, STEP TOUCH, BALL STEP, SWEEP ½ TURN TOUCH

&1-2          Rock back on left, step forward on right, lock left behind right  
3&4            Shuffle forward on right, left, right  
5-6            Step forward on left, touch right next left  
&7-8          Step down on ball of right, step forward on left, sweep right out and round ½ turn left, touch right next left

REPEAT

RESTART

Restart after count 16 on wall 8 when using the Carrie Underwood track

---