

Waltzing With The Wind

COPPER KNOB
BY STEPHEN HETS

拍数: 30 墙数: 4 级数: Improver waltz
编舞者: Nancy Morgan (USA)
音乐: Dream On Texas Ladies - John Michael Montgomery



DIAGONALLY WALTZ FORWARD LEFT

1-2-3 Step forward and diagonally to your left on right heel (rolling up on toe), step left toe next to right foot, step forward on right toe dropping heel to floor

DIAGONALLY WALTZ FORWARD RIGHT

1-2-3 Step forward and diagonally to your right on left heel (rolling up on toe), step right toe next to left foot, step forward on left toe dropping heel to floor

CHECK STEP - FORWARD AND BACK

1-2-3 Step right foot across left foot and forward, step back on left, step right next to left (take left hand and reach out as you step forward on your right)

WALTZ TURN LEFT

1-2-3 Step left to left side, turn $\frac{1}{2}$ turn to your left as you step right to right side, turn $\frac{1}{2}$ turn to your left as you step left to left side

CROSS, CHECK STEP

1-2-3 Cross right over left, step left to left side (lean into this), shift weight back to right

TIC TOC

1-2-3 Cross left over right, step right foot forward $\frac{1}{2}$ turn to left, step left foot to right

TIC TOC

1-2-3 Cross right over left, step left foot forward $\frac{1}{2}$ turn to right, bring right foot to left

CHECK STEP - FORWARD AND BACK

1-2-3 Step left foot across right foot and forward, step back on right, step left next to right (take right hand and reach out as you step forward on your left)

STEP $\frac{1}{4}$ TURN

1-2-3 Step right foot forward, step left foot to left as you turn a $\frac{1}{4}$ turn to left, step right foot back

STEP BACK DIAGONALLY AND SLOWLY DRAG FOOT TO LEFT

1-2-3 (Men) step back on left, drag right foot for two (2) counts as you slide right next to left for a touch

Variation (develope):

1-2-3 (Women) step back on left, lift right knee slightly up and extend toe forward (point toe)

REPEAT
