

Waltzin' R "Us" (P)

COPPER KNOB
STEPSHEETS

拍数: 72 墙数: 1 级数: Intermediate partner dance
编舞者: Jerry Cope (USA) & Iva Mosko (USA)
音乐: Froze Over - Tracy Lawrence



Position: Challenge (lady facing man)

CROSSOVERS WITH HAND TOUCHES

- 1 Stride left foot forward and diagonally across right foot touching left palms with partner
- 2-3 Step to the right on right foot, step left foot next to right (maintain left palms)
- 4 Stride right foot forward and diagonally across left foot touching right palms with partner
- 5-6 Step to the left foot, step right foot next to left (maintain right palms)
- 7-12 Repeat 1-6

CHANGE SIDES WITH LADY'S UNDERARM TWIRL, BACK BALANCE STEPS, REPEAT TO ORIGINAL FACING POSITIONS

- 13 Maintaining right handshake grip, both step forward on left foot to begin a ½ turn which will exchange facing positions. Man will turn right while lady will turn left
 - 14 Both step on right foot continuing man's right turn and lady's left turn
- Man lifts lady's right arm overhead and she turns under it**
- 15 Both step on left foot (beside right) completing man's right and lady's left turn

- 16 Step right foot back

Man lowers lady's right hand into his left hand

- 17-18 Step left foot back beside right foot, step on right foot in place maintaining her right hand in his left hand

- 19-24 Repeat steps 13-18 (except for different hand grip which is maintained throughout the moves)

Both resume original facings

BALANCE STEP FORWARD WITH ARCHES, BALANCE STEP BACK, REPEAT

- 25 Step left foot forward, hands in front & joining both palms with partner
- 26 Step right foot forward, both arching hands overhead (fingers up)
- 27 Step left foot in place allowing right and left hands to separate (palms still joined) overhead and "smoothly" extend and drop to the right and left sides with arms extended. This will continue through part of step 28

This is a continuous smooth motion from palms to waist to fingers pointing straight up, then separating in an arc to each side

- 28 Step right foot back, allowing palms to separate (or fingers to hook, his up and hers down)
- 29-30 Step left foot back beside right foot, step on right foot in place (hands can be free or maintained as above)
- 31-36 Repeat 25-30

PINWHEEL WITH "CARESS" EXCHANGING SIDES, BALANCE STEP BACK

On step 37, both partners raise their right hands (arm's length) to touch the left cheek or neck of the other person. This "caress" is maintained through count 39. If this is too intimate for anyone, it could be "hand on shoulder", "hand to hand" (handshake), "hooked elbows", or just "walk around with your hands on your hips"

- 37 Step forward on left foot, beginning a ½ turn pinwheel to the right, joined as above
- 38 Step forward on right foot continuing a ½ turn pinwheel to the right, joined as above
- 39 Step with left foot completing a ½ turn pinwheel to the right, joined as above

Partners will have exchanged sides

- 40 Step right foot back (releasing hands)

41-42 Step left foot back beside right foot, step on right foot in place

43-48 Repeat 37-42 to resume original facing position

CROSSOVER STEP TO ALTERNATE FACING, SIDE BY SIDE POSITION, LEFT 1 ½ SPOT TURN WITH "CATHEDRAL", LADY'S LEFT UNDERARM TURN

49 Extend left hand to partner's waist as you step left foot across right foot and slightly forward
Couple will now be facing original (opposite) directions, but will be side by side. Left hand will be above partner's opposite hip, across the front of the waist

50-51 Step right foot, step left foot to begin a 1 ½ spot turn (pinwheel) in place

These steps will make about a half turn

52-54 Step right, left, right to complete another half turn in the 1 ½ spot turn

Raising right hands overhead on step 52 and joining to partner's right hand, maintain this "Cathedral" position through step 57

55-57 Step left, right, left completing the last half turn of the 1 ½ spot turn

Hopefully, each is now facing the original starting direction

58-60 **MAN:** Step right, left, right in place keeping lady's right hand over her head

LADY: Step right, left, right completing a full turn to the left in place (actually moving slightly back and to her left to be facing the man after the turn)

CHANGE SIDES WITH A LADY'S UNDERARM TWIRL, BALANCE STEP BACK, BALANCE STEP FORWARD WITH "COMB", BALANCE STEP BACK

61-63 Repeat steps 13-15 to face original wall (left, right, left)

64 Step right foot back maintaining "handshake" grip

65-66 Step left foot back beside right foot, step on right foot in place

67 Step left foot forward lifting right hands over her head to rest on her shoulder behind her neck, join left hands at waist level

Maintain that hand hold through count 69

68-69 Step right foot forward beside left foot, step on left foot in place

70 Step right foot back releasing hands

71-72 Step left foot back beside right foot, step on right foot in place

REPEAT

FOR A MIXER

At step 70, man pulls slightly on lady's left hand (at waist). Both make a full turn to the right on right, left, right on counts 70-72. They should each be facing the next dancer in the mixer circle.
