

# Waltz To The Limit

**COPPER** **KNOB**  
BY STEPHEN METZ

拍数: 48      墙数: 4      级数: waltz  
编舞者: Peter Heath (AUS)  
音乐: Take It to the Limit - Eagles



## FORWARD WALTZ, MANEUVER WALTZ, SPIN TURN, BOX FINISH

- 1-3            Step left foot forward, close right foot to left foot, close left foot to right foot  
4-6            Step right foot forward commencing  $\frac{1}{2}$  right turn, close left foot to right foot completing the  $\frac{1}{2}$  right turn, close right foot to left foot  
7-9            Step left foot back turning  $\frac{1}{2}$  right, rock right foot forward, recover left foot  
10-12         Step right foot back, step left foot to left, close right foot to left foot

## SIDE, TAP, HOLD; TWICE' BACK ROCKING CHAIR, BACK ROLL 2

- 13-15         Step left foot to left, tap right toe behind left foot, hold  
16-18         Step right foot to right, tap left toe behind right foot, hold  
19-21         Rock left foot back, recover right foot, rock left foot forward, recover right foot  
22-24         Turning  $\frac{1}{2}$  left step left foot forward, turning  $\frac{1}{2}$  left step right foot back

## 2 BACK WALTZES; BACK ROCK 2, FORWARD/LOCK; WHISK

- 25-27         Step left foot back, close right foot to left foot, close left foot to right foot  
28-30         Step right foot back, close left foot to right foot, close right foot to left foot  
31-33&        Rock left foot back, recover right foot, step left foot forward, lock right foot behind left foot  
34-36         Step left foot forward, step right foot to right turning  $\frac{1}{4}$  left, cross left foot tightly in behind right foot

## FORWARD, PIVOT 2: (LEFT) BACK, COASTER STEP: BOX WALTZ

- 37-39         Step right foot forward, turn  $\frac{1}{2}$  left over 2 beats keeping weight on right foot  
40-41&42      Step left foot back, step right foot back/close left foot to right foot, step right foot forward  
43-45         Step left foot forward, step right foot to right, close left foot to right foot  
46-48         Step right foot back, step left foot to left, close right foot to left foot

## REPEAT

## TAG

On the third sequence, restart after beat 42

## PARTNER OPTION

This dance can also be done as a partner dance. Start closed (ballroom) position, follower with back to start wall and follower uses opposite foot work. The whisk will turn to semi close (side by side) position and then the follower does 2 running steps during the leaders pivot 2 (leader does only a short step forward) to finish in closed position again.