

# Waltz Lonely

COPPER KNOB  
STEPSHEETS

拍数: 48      墙数: 4      级数: Improver  
编舞者: Betsy Baugess (USA)  
音乐: Lonely Too - Lee Ann Womack



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## ROCK RIGHT, STEP LEFT, RIGHT ; ROCK LEFT, STEP RIGHT, LEFT ; ¼ LEFT TURN, REPEAT

1-2-3      Rock out to the right ; step left behind right; step on right  
4-5-6      Rock out to the left ; step right behind left; step on left  
7-8-9      Turning ¼ left -- rock out to the right ; step left behind right; step on right  
10-11-12      Rock out to the left ; step right behind left; step on left

## ROCK RIGHT, LEFT, CROSS; ROCK LEFT, RIGHT, CROSS

1-2      Rock out to the right and back on the left  
3      Step across right over left  
4-5      Rock out to the left and back on the right  
6      Step across left over right

## ROLLING TURN RIGHT; CROSS LEFT, RIGHT, LEFT

1-2-3      Rolling 3-step full turn right  
4      Cross step left over right  
5-6      Step back right, then step on left

## STEP LOCK STEP; FULL TURN; ROCK TURN STEP LOCK STEP

1-2-3      Forward step lock step - right, left, right  
4-5-6      Full turn right, left, right, left  
7-8-9      Rock forward on right, recover back on left, turning ½ right, stepping on right  
10-11-12      Forward step lock step - left, right, left

## ROCK, RECOVER, KICK; CROSS ROCK, STEP KICK; RIGHT SAILOR; LEFT SAILOR

1-2-3      Rock forward on right; recover on left; kick right forward  
4-5-6      Cross rock right over left; recover on left; kick right forward  
7-8-9      Sweep out into right sailor  
10-11-12      Sweep out into left sailor

## REPEAT

## RESTART

After the instrumental section (4th wall), there's a 6-count bridge. Dance through this with the first 6 counts of the dance, and begin again

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