## Waltz 'n' Sway (P)



**拍数:** 24 **堵数:** 0 **级数:** Partner

编舞者: Adrian Lacamp (UK)

音乐: Three Hearts In a Tangle - Roy Drusky



Position: Modified Cape or any side by side position. Start facing OLOD Too many people try to 'sway' to a waltz beat. This dance looks like the sway, but isn't, quite. Man and lady steps are the same unless otherwise stated

BOTH 1 2 3	Step left foot to left side Touch right foot beside left Hold beat (for effect on holds, raise up on toes)		
4 5 6	Step right foot to right side Touch left foot beside right Hold beat		
7-9	Repeat steps 1-3		
10 11 12	Step right foot ¼ turn right to right side (facing RLOD) Brush left foot forward Hitch left knee		
13 14 15	Step left foot back ¼ turn left (now facing OLOD again) Step right foot behind left Step left foot beside right		
MAN			
16	Step left foot diagonally back and to the left		
17	Stepping right beside left, bow to the lady		
18 19	Hold the bow		
20	Regain upright position Step slightly forward on right (to meet your lady)		
21	Step left foot to left side (start of grapevine left)		
22	Step right foot behind left foot		
23	Step left foot to left side		
24	Step right foot beside left		
LADY			
16	Step left foot 1/4 turn to the left		
17	Pivoting ¼ turn on left foot, step right foot beside left		
18	Touching right foot slightly back, 'bob' an curtsey to your man		
19	Regain upright position		
20	Step slightly forward on left (to meet your man)		
21	Step right foot to right side (start of grapevine right with ½ turn)		
22	Step left behind left foot		
23	Step right foot ¼ turn to right		

Touch left foot beside right (completing the ½ turn and keep weight on right foot)

## **REPEAT**

24

Hand positions are entirely up to the couple dancing and their start positions.					