

Walkin' People

COPPER **NOB**
STEPSHEETS

拍数: 28 墙数: 1 级数: Intermediate
编舞者: Birgitte Albæk Henriksen (DK) & Jeanette Albæk Henriksen (DK)
音乐: Anybody Wanna Pray With Me - CeCe Winans



MOONWALKS BACK, STEP, STEP, BODY ROLL

- 1-2 Drag right heel back across floor, drag left heel back across floor
- 3-4 Drag right heel back across floor, drag left heel back across floor
- 5-6 Step right foot to the right side, step left foot to the left side
- 7-8 Body roll

SHUFFLE TWICE, STREETWISE RUNNING MAN STEPS TRAVELING BACKWARDS

- 1& Jump feet shoulder width apart at diagonals (right foot forward and left foot back), jump feet together hitching left knee
- 2& Jump feet shoulder width apart at diagonals (left foot forward and right foot back), jump feet together hitching right knee
- 3&4& Repeat step 1&2&

STOMP, STOMP, HANDS ON "THE WALL", LOOK TO THE SIDES, STOMP, STOMP, HANDS OVER "THE WALL", LOOK UP AND DOWN

- 1-2 Stomp out on right foot while placing right hand palm forward above right foot, stomp out on left foot while placing left hand palm forward above left foot
- 3-4 Look forward on the left side of your hands, look forward on the right side of your hands
- 5-6 Stomp on right foot while placing right hand lying over/on "the wall" above right foot, stomp on left foot while placing left hand lying over/on "the wall" above left foot,
- 7-8 Race up on your toes and look over your hands, step down on both feet ending with weight on your right foot

STEP SLIDE STEP TOUCH (BODY ROLLS), KICK BALL STEP, KICK BALL TOUCH

- 1-4 Step back on left foot, slide right foot beside left foot while putting weight on right foot, step back on left foot, slide right foot beside left foot and touch, keep weight on left foot. (while sliding back on right feet, make body rolls)
- 5&6 Kick right foot forward, step right foot beside left foot with weight on right foot, step forward on left foot
- 7&8 Kick right foot forward, step right foot beside left foot, recover weight on ball of left

REPEAT
