Walking On The Sun



编舞者: Paul McAdam (UK)

音乐: Walkin' On the Sun - Smash Mouth



SIDE, DRAG & CROSS, RIGHT SHUFFLE, STEP ½ TURN, STEP ½ TURN STEP

1-2&3 Step left foot to left side, drag right foot up to left foot, step back on right foot, cross left foot

over right

4&5 Right shuffle to right diagonal

6-7 Still facing right diagonal step forward on left foot, pivot ½ turn right

Facing back diagonal step forward on left foot pivot ½ turn right, step forward on left

ROCK FORWARD, RECOVER, BACK ½ TURN STEP, FULL TURN TWO SHUFFLES

2-3 Making an 1/8th of a turn left to face front rock forward on right foot, recover weight back onto

left foot

Step back on right foot, make a ½ turn left and step forward on left foot, step forward on right

foot

6&7-8&1 You are about to make a full turn small circle to the left, keeping footwork small, start with a

left shuffle then finish with a right shuffle

CROSS HIP ROLL TWICE, ROCK BACK, LEFT SHUFFLE

2-3 Make a ¼ turn left and cross left foot over right, make a ¼ turn left rolling hips from left to

right backwards and stepping right foot to right side

4-5 Repeat counts 2-3

6-7 Rock back on left foot, recover weight onto right

8&1 Left shuffle to left diagonal

CROSS ROCK, SIDE SHUFFLE, CROSS ROCK, FULL TURN

2-3 Cross rock right foot over left, recover weight onto left

4&5 Side shuffle right

6-7 Cross rock left foot over right, recover weight onto right

8&1 Make a ¼ turn left and step forward on left foot, make a ½ turn left and step back on right

foot, make a 1/4 turn left stepping left foot to left side starting dance again

REPEAT