

Walkin' On Me

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 4 级数:
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音乐: Walkin' On Me (He Man Mix) - Big House



VINE RIGHT WITH CROSS ROCK

- 1 Step right foot to right side
- 2 Cross (step) left foot behind right foot
- 3 Step right foot to right side
- 4 Crossing in front of right foot, rock forward onto left foot

SHIFT, STEP LEFT, CROSS ROCK AND HEEL

- 5-6 Rock (shift) weight back on to right foot; step left with left foot
- 7 Crossing in front of left foot, rock forward onto right foot (body is naturally angled to left-keep this angle through count 9)
- &8 Rock (shift) weight back to left foot; touch right heel forward (weight is on left-remember the angle)

BALL, CROSS, STEP, AND TOUCH AND TOUCH

- & Step ball of right foot next to left
- 9 Cross (step) left foot in front of right foot (scissors position-weight is on left)
- 10 Step right foot forward towards 12 o'clock (angle has ended)
- & Lift the left knee up
- 11 Pivoting on right foot, make $\frac{1}{4}$ turn to right and touch left toe out to left side
- &12 Repeat counts & 11 (weight is on right)

HALF TURN, AND KICK AND HEEL AND TOUCH

- 13& Pivoting on right foot, make a $\frac{1}{2}$ turn (in place) to right, step left foot next to right foot with weight (facing 12 o'clock)
- 14 Kick right foot forward
- &15 Step right foot back; touch left heel forward
- &16 Step left foot to place; touch right toe next to left foot

STEP BACK, DRAG, OUT, OUT, CLAP

- 17 Take large step back with right foot
- 18 Keeping weight on right foot, drag left foot back ending next to right foot
- &19 Step left foot under left shoulder; step right foot under right shoulder
- 20 Clap

HIPS LEFT, RIGHT, LEFT, TURN $\frac{1}{4}$

- 21-23 With knees slightly bent, sway hips left; sway hips right; sway hips left
- 24 Pushing right hip to right side, pivot a $\frac{1}{4}$ turn to left on ball of right foot (weight ends on right, with left toe pointing forward-now facing 9 o'clock)

BALL, STEP, PIVOT $\frac{1}{2}$, STEP, TURN $\frac{1}{2}$

- &25 Step ball of left foot next to right foot; step forward onto right foot
- 26 Pivot $\frac{1}{2}$ turn to left, shifting weight to left foot (now facing 3 o'clock)
- 27 Take small step forward with right foot (all weight over right)
- 28 Keeping weight on right foot, pivot $\frac{1}{2}$ turn left on the ball of right foot (left shoulder will be swinging back)

BACK, BACK, CLAP, BODY ROLL

& Step back on left foot
29 Step right foot even with and a shoulder's width apart from left foot
30 Clap
31-32 Two count body roll (ending with weight on left)

REPEAT
