

Walking Backwards

COPPER KNOB
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver
编舞者: Robbie McGowan Hickie (UK)
音乐: Walking Backwards - Brandon Sandefur



WALK BACK RIGHT, WALK BACK LEFT, RIGHT LOCK STEP BACK, BACK ROCK, LEFT SHUFFLE FORWARD

1-2 Step right back, step left back
3&4 Step right back, lock left over right, step right back
5-6 Rock left back, recover to right
7&8 Shuffle forward stepping left, right, left

CROSS ROCK & SIDE, CROSS, SIDE, LEFT SAILOR TURN ¼ LEFT, RIGHT SHUFFLE FORWARD

1&2 Cross/rock right over left, recover to left, step right to side
3-4 Cross left over right, step right to side
5&6 Cross left behind right, turn ¼ left (weight to right), step left slightly forward
7&8 Shuffle forward stepping right, left, right (9:00)

FORWARD ROCK, LEFT TRIPLE STEP FULL TURN LEFT, FORWARD ROCK, RIGHT SHUFFLE TURN ½ RIGHT

1-2 Rock left forward, recover to right
3&4 Triple in place turning a full turn left stepping left, right, left
5-6 Rock right forward, recover to left
7&8 Shuffle back turning ½ right and step right, left, right (3:00)

Easier option:

3&4 Triple in place stepping left, right, left

FORWARD ROCK, LEFT COASTER CROSS, MONTEREY TURN ½ RIGHT

1-2 Rock left forward, recover to right
3&4 Step left back, step right together, cross left over right
5-6 Touch right to side, turn ½ right and step right together
7-8 Touch left to side, step left together (9:00)

REPEAT

ENDING

When dancing to the music "Walking Backwards", music ends during wall 9, after count 22 (facing 9:00). To end facing front wall, turn ¼ right and step right to side, then hold