

Walking Backwards

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Rosalie Mackay (AUS)
音乐: Walking Backwards - Brandon Sandefur



SYNCOPATED BACK, STRUTS, SHUFFLE BACK, ROCK BACK/FORWARD

- 1-2&3-4 Step back on ball of left, drop heel, quickly step right beside left, step back on ball of left, drop heel
- &5&6-7-8 Quickly step right beside left, shuffle back left, right, left, rock/step back on right, rock forward on left

SHUFFLE FORWARD, PIVOT HALF-TURN, HALF-TURN STRUT, COASTER

- 1&2-3-4 Shuffle forward right, left, right, step left forward, turn $\frac{1}{2}$ right transferring weight to right
- 5-6-7&8 Turning $\frac{1}{2}$ right step back on ball of left, drop left heel, step right back, step left beside right, step right forward

TWO SAMBAS, THREE-QUARTER TURN, SHUFFLE FORWARD

- 1&2-3&4 Step left to side, step right in place, step left across in front of right, step right to side, step left in place, step right across in front of left
- 5-6-7&8 Turning $\frac{1}{4}$ right step left back, turning a further $\frac{1}{2}$ right step right forward, shuffle forward left, right, left

ROCK FORWARD/BACK, (HALF- OR) ONE & A HALF-TURN, SYNCOPATED ROCKS

- 1-2-3&4 Rock/step forward on right, rock back on left, turn ($\frac{1}{2}$ or) $1\frac{1}{2}$ right stepping right, left, right
- 5-6&7-8& Rock/step forward on left, rock back on right, quickly step left beside right, rock/step forward on right, rock back on left, quickly step right beside left

REPEAT
