Walk Out Backwards

级数: Improver

编舞者: Max Perry (USA)

音乐: Walk Out Backwards - Rick Trevino

4 TOE-HEEL STEPS BACK

拍数: 32

- 1-2-3-4 Step right toe back, flatten right foot, step left toe back, flatten left foot
- 5-6-7-8 Step right toe back, flatten right foot, step left toe back, flatten left foot

BACK ROCK, RIGHT SHUFFLE FORWARD, ½ PIVOT TURN, ¼ PIVOT TURN

- 1-2 Rock right back, step left in place (recover)
- 3&4 Right shuffle forward - right, left, right
- 5-6 Step left forward and then turn 1/2 right, step right in place
- 7-8 Step left forward and then turn 1/4 right, step right in place

CROSS ROCK, SIDE SHUFFLE, CROSS, BACK TURNING ½ RIGHT, SIDE SHUFFLE

- 1-2 Cross/rock left over right, step right in place (recover)
- 3&4 Left shuffle to left side - left, right, left
- Cross step right over left turning right, step left back completing 1/2 turn right 5-6
- Right shuffle to right side right, left, right 7&8

CROSS ROCK, SIDE SHUFFLE, CROSS BACK TURNING ¼ RIGHT, ROCK STEP TURNING ¼ RIGHT

- Cross/rock left over right, step right in place (recover) 1-2
- 3&4 Left shuffle to left side - left, right, left
- 5-6 Cross step right over left starting to turn right, step left back completing 1/4 turn right
- 7-8 Rock right forward turning 1/4 right, step left back

REPEAT

TAG

On the first chorus of the song "Walk Out Backwards", which will be the 3rd repetition of the dance, you will add an extra forward rock step (rock forward right, step left in place) with no turn, using a total of 2 counts On the second chorus of the song, which will be the 8th repetition (easier to think of 2nd chorus) add an extra forward rock step just as before





墙数: 4