Walk Like A Man



编舞者: Jackie Snyder (USA)

音乐: Walk Like a Man - Frankie Valli & The Four Seasons



RIGHT AND LEFT ANGLED TOE STRUTS; ROCK FORWARD AND BACK; RIGHT BACK COASTER STEP

1-2	Point right toe 45 degrees forward to right, step down on right heel
3-4	Point left toe 45 degrees forward to left, step down on left heel

5-6 Rock forward on right, back on left

7&8 Step back on right, step left next to right, step forward on right

LEFT AND RIGHT 45 DEGREE TOE STRUTS; STEP FORWARD; HEEL BOUNCES TURNING 1/4 RIGHT

1-2	Point left toe 45 degrees forward to left, step down on left heel
3-4	Point right toe 45 degrees forward to right, step down on right heel

5-8 Step forward on left, while bouncing up and down on toes and heels turn \(\frac{1}{4} \) turn to right with

weight ending on left

STEP SIDE, BEHIND AND CROSS, HOLD; TWICE

1-2 Step right to right side, step left behind right

&3-4 Step right to right side, cross left over right, hold and snap fingers on both hands (weight is

on left)

5-6 Repeat counts 1-2 above &7-8 Repeat counts &3-4 above

1/4 TURN RIGHT, WALK FORWARD, BRUSH, JAZZ SQUARE WITH 1/4 TURN LEFT, TOUCH

1-4 Turn ¼ turn right and walk forward right, left, right, brush left foot

5-8 Cross left over right, step back on right, turn ¼ left stepping forward on left, touch right next to

left

REPEAT