

Walk In The Sun

COPPERKNOB
STEPSHEETS

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Al Vigus (UK)
音乐: Walk In the Sun - Bruce Hornsby



Start on lyric 'My Name Is Vernon'

DIAGONAL ROCKING CHAIR (MAMBO STYLE), CROSS ROCK, HALF TURN RIGHT TO RIGHT SIDE

- 1-2 Cross rock right over left pushing hips to right, replace weight back onto left pushing hips to left
- 3-4 Rock back on right (right diagonal) pushing hips to right, replace weight forward onto left pushing hips to left
- 5-6 Repeat counts 1-2
- 7-8 Step right to right side turning $\frac{1}{4}$ right. Turn a further $\frac{1}{4}$ turn right stepping left to left side (6:00)

REVERSE DIAGONAL ROCKING CHAIR (MAMBO STYLE), BACK ROCK, HALF TURN LEFT TO LEFT SIDE

- 1-2 Rock right back behind left push hips to right, replace weight forward onto left push hips to left
- 3-4 Rock right forward (right diagonal) push hips to right, replace weight back on left push hips to left
- 5-6 Repeat counts 1-2 in this section
- 7-8 Step to right side with right foot turning $\frac{1}{4}$ turn to left. Turn a further $\frac{1}{4}$ turn to left stepping left foot to left side (12:00)

LEFT PIVOT TURN, RIGHT SHUFFLE, FORWARD FULL TURN RIGHT, $\frac{1}{4}$ PIVOT RIGHT

- 1-2 Step right foot forward, pivot half turn to left
- 3&4 Step forward on right, bring left foot next to right, step forward on right
- 5-6 Traveling forward turn half turn over right shoulder stepping back onto left foot, turn further half turn right stepping forward onto right

Alternative: two walk steps, left then right, traveling forward

- 7-8 Step left foot forward, pivot $\frac{1}{4}$ turn to right (9:00)

RIGHT WEAWE, CROSS-UNWIND HALF TURN RIGHT, BACK ROCK

- 1-2 Cross left over right, step right foot to right side
- 3-4 Cross left behind right, step right foot to right side
- 5-6 Cross left over right, unwind half turn over right shoulder (keep weight on left)
- 7-8 Rock back on right, replace weight forward onto left (3:00)

CROSS-POINT LEFT, CROSS-POINT RIGHT, REVERSE-POINT LEFT, LOCK STEP

- 1-2 Cross right over left (travel forward), touch left toe to left side
- 3-4 Cross left over right (travel forward), touch right toe to right side
- 5-6 Cross right behind left, touch left toe to left side
- 7-8 Step forward on left foot, lock right behind left

STEP-POINT RIGHT, CROSS-POINT LEFT, REVERSE-POINT RIGHT, LOCK STEP

- 1-2 Step forward on left foot, touch right toe to right side
- 3-4 Cross right over left, touch left toe to left side
- 5-6 Cross left behind right, touch right toe to right side
- 7-8 Rock back on right, replace weight forward onto left

Restart here during walls 2 and 5

¼ PIVOT LEFT, RIGHT CROSS SHUFFLE, HALF TURN RIGHT, CROSS ROCK

- 1-2 Step right foot forward, pivot ¼ turn to left
- 3&4 Cross right over left, step left to left side, cross right over left
- 5-6 Step left to left side turning ¼ turn right. Turn further ¼ turn right stepping right to right side
- 7-8 Rock left over right, replace weight back onto right (6:00)

LEFT SIDE TOGETHER, CHASSIS ¼ TURN, LOCK STEP, DIAGONAL STEP FORWARD

- 1-2 Step left to left side, close right next to left
- 3&4 Step left to left side, close right next to left, step left to left side turning ¼ left
- 5-6 Step right foot forward, lock left foot behind right
- 7-8 Step forward on right foot, step left foot forward to left diagonal (3:00)

REPEAT

RESTART

Restart after count 48 on walls 2 and 5
