

Walk Back (P)

拍数: 48 墙数: 0 级数: Partner
编舞者: Ann Williams (UK)
音乐: Walking Backwards - Brandon Sandefur



Position: Start in Right Side by Side position (Sweetheart). Same footwork throughout except where stated. Mans steps listed

WALK, WALK, COASTER STEP, ¼ TURN, TOGETHER, SIDE-TOGETHER-¼ TURN

1-2 Walk back on right, left
3&4 Step right back, step left beside right, step right forward
5-6 Turn ¼ right stepping left to left side, step right beside left

Hands held over lady's shoulders in Indian position

7&8 Step left to left side, step right beside left, turn ¼ right stepping left back

Now facing RLOD in left side by side position, reverse sweetheart

WALK, WALK, BACK-LOCK-BACK, TOUCH BACK, PIVOT ½ TURN, SHUFFLE

9-10 Walk back on right, left
11&12 Step right back, step and lock left over right, step right back
13-14 Touch left toe back, on balls of both feet pivot ½ turn left putting weight forward on left

Now facing LOD in right side by side position, sweetheart

15&16 Right shuffle forward

BOTH FULL TURN, SHUFFLE, ROCK, RECOVER, SHUFFLE, (LADY ½ TURN)

17-18 Turn ½ turn right stepping left back, turn ½ turn right stepping right forward

Release left hands, raise right, rejoin left hands after turns

19&20 Left shuffle forward
21-22 Step and rock forward on right, recover onto left
23&24 **MAN:** Right shuffle backwards

LADY: Right shuffle turning ½ turn right to face RLOD

Release left hands, raise right over lady's head to finish turn right palm to right palm

ROCKING CHAIR, ROCK, RECOVER, (LADY: STEP, PIVOT) SHUFFLE

25-28 **MAN:** Step and rock back on left, recover onto right, step and rock forward on left, recover onto right
LADY: Step and rock forward on left, recover onto right, step and rock back on left, recover onto right

29-30 **MAN:** Step and rock back on left, recover onto right
LADY: Step left forward, pivot ½ turn right

Raise right hands over lady's head, rejoin left in right side by side position, sweetheart

31&32 Left shuffle forward

WALK, WALK, (LADY FULL TURN) SHUFFLE

33-34 **MAN:** Walk forward on right, left
LADY: Turn ½ turn left stepping right back, turn ½ turn left stepping left forward

Release left hands, raise right, rejoin left hands after turns

35&36 Right shuffle forward

SIDE, BEHIND, SIDE, IN FRONT, SIDE ROCK, RECOVER, DIAGONAL CROSS SHUFFLE

37-38 Step left diagonally forward to left, step and cross right behind left
39-40 Step left diagonally forward to left, step and cross right over left

Take small steps for steps 37-40

41-42 Step and rock left to left side, recover onto right

43&44 Step and diagonally cross left over right, step right to right side, step and diagonally cross left over right

DIAGONAL FORWARD, TOUCH, BACK, KICK

45-46 Step right diagonally forward to right, touch left toe behind right heel slightly bending right knee

47-48 Step left back, kick right low kick forward

REPEAT
