

Walk A While

拍数: 0 墙数: 2 级数:
编舞者: Steve Hart (USA)
音乐: Hillbilly Shoes - Montgomery Gentry



Sequence: A, B, B, C, B, start of B (stop at Break)

PART A

1 Stomp left foot

PART B

TOE STRUTS FORWARD

1-2 Step right toe forward, drop right heel to floor (snap fingers)
3-4 Step left toe forward, drop left heel to floor (snap fingers)
5-6 Step right toe forward, drop right heel to floor (snap fingers)
7-8 Step left toe forward, drop left heel to floor (snap fingers)

ROCK STEP, TURNING SHUFFLE, STEP PIVOT, MODIFIED COASTER STEP

9-10 Step right foot forward, rock back on left foot
11&-12 Right triple step making half turn right
13-14 Step left foot forward, pivot half turn right
15&-16 Step left foot forward, step right foot together, step left foot back
17-32 Repeat counts 1-16 of Part B

STRIDES, HOLD, MODIFIED COASTER

33-34 Step right foot forward, step left foot forward (big powerful steps)
35-36 Step right foot forward (big powerful step), hold
37&-38 Step left foot forward, step right foot together, step left foot back

HALF TURN, STRIDES, HOLD, MODIFIED COASTER

& Pivot half turn right on left foot
39-44 Repeat previous 6 counts

TURNING SHUFFLES

45&-46 Right triple step making half turn right
47&-48 Left triple step making half turn right
49&-50 Right triple step making half turn right
51&-52 Left triple step making half turn right

STEP, STEP, OUT, OUT, IN, IN, STEP, STEP, OUT, OUT, IN, IN

53-54 Step right foot forward, step left foot forward
&-55 Step right foot slightly to right, step left foot slightly to left
&-56 Step right foot slightly to left, step left foot together
57-58 Step right foot forward, step left foot forward
&-59 Step right foot slightly to right, step left foot slightly to left
&-60 Step right foot slightly to left, step left foot together

BACK, BACK, OUT, OUT, IN, IN, BACK, BACK, OUT, OUT, IN, IN

61-62 Step right foot back, step left foot back
&-63 Step right foot slightly to right, step left foot slightly to left
&-64 Step right foot slightly to left, step left foot together
65-66 Step right foot back, step left foot back

- &-67 Step right foot slightly to right, step left foot slightly to left
&-68 Step right foot slightly to left, step left foot together

PART C

SYNCOPATED HOPS FORWARD, MODIFIED COASTER STEP

- 1-2 Step right foot forward, hold
&-3-4 Step left foot behind right, step right foot forward, hold
&-5-6 Step left foot behind right, step right foot forward, hold
7&-8 Step left foot forward, step right foot together, step left foot back

SYNCOPATED HOPS BACK, COASTER STEP

- 9-10 Step right foot back, hold
&-11-12 Step left foot in front of right, step right foot back, hold
&-13-14 Step left foot in front of right, step right foot back, hold
15&-16 Step left foot back, step right foot together, step left foot forward

HILLBILLY RABBITS

- & Hitch right knee to right-slide left foot slightly forward
17 Step right foot behind left
& Hitch left knee to left-slide right foot slightly forward
18 Step left foot behind right
& Hitch right knee to right-slide left foot slightly forward
19 Step right foot behind left
&-20 Rock forward on left foot, rock back on right foot
& Hitch left knee to left-slide right foot slightly forward
21 Step left foot behind right
& Hitch right knee to right-slide left foot slightly forward
22 Step right foot behind left
& Hitch left knee to left-slide right foot slightly forward
23 Step left foot behind right
&-24 Rock forward on right foot, rock back on left foot

OUT, OUT, HOLD, IN, IN, HOLD, HOP, HOLD

- &-25-26 Step right foot slightly to right, step left foot slightly to left, clap
&-27-28 Step right foot slightly to left, step right foot together, clap
29-32 Hop-land with feet apart, hold for 3 counts

BIG REPEAT

- 33-64 Repeat counts 1-32 of Part C

LITTLE REPEAT

- 65-80 Repeat counts 1-16 of Part C
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