

Wakey Wakey

COPPERKNOB
STEPSHEETS

拍数: 80 墙数: 4 级数: Improver
编舞者: Bronya Bishorek (MY)
音乐: Wake Me Up Before You Go-Go - Wham!



POINT STEP, POINT STEP, TWIST RIGHT TWICE

1-2 Point right toe forward and then step in place
3-4 Point left toe forward and then step in place
5 With feet together, twist hip up and to the right
6 With feet still together return to position
7-8 Repeat 5-6

POINT STEP, POINT STEP, TWIST RIGHT TWICE

1-2 Point right toe forward and then step in place
3-4 Point left toe forward and then step in place
5 With feet together, twist hip up and to the right
6 With feet still together return to position
7-8 Repeat 5-6

TOUCH SIDE, STEP BACK RIGHT, LEFT, RIGHT, LEFT

1 Touch right toe to right
2 Step right behind left
3 Touch left toe to left
4 Step left behind right
5-8 Repeat 1-4

FLICK RIGHT FOOT X 3, STEP, FLICK LEFT FOOT X 3, STEP

1-3 Flick right foot to right
4 Step right next to left
5-7 Flick left foot to left
8 Step left next to right

HEEL STRUTS FORWARD RIGHT, LEFT, RIGHT, LEFT

1 Place right heel forward
2 Step right in place
3 Place left heel forward
4 Step left in place
5-8 Repeat 1-4

HEEL STRUTS FORWARD RIGHT, LEFT, RIGHT, LEFT

1 Place right heel forward
2 Step right in place
3 Place left heel forward
4 Step left in place
5-8 Repeat 1-4

HEEL TOE SWIVELS SLOW

1-2 With legs together, lean on toes and shift both heels to right
3-4 Pick toes up with weight on heels, shift toes to right
5-8 Repeat 1-4

HEEL TOE SWIVELS SLOW TWICE AND FAST X 4

- 1-2 With legs together, lean on toes and shift both heels to right
- 3-4 Pick toes up with weight on heels, shift toes to right
- 5 Shift heels right
- 6 Shift toes right
- 7-8 Repeat 5-6

HOP TWICE, HOLD, SKIP LEFT, ¼ TURN LEFT & SKIP RIGHT

- 1-2 Hop twice on the spot, making sure you bend your knees to reduce impact
- 3-4 Hold your position
- 5&6 Skip to your left, left right left
- 7&8 ¼ Turn to your left and skip to your right, right left right

POINT STEP LEFT, POINT STEP RIGHT, CHICKEN WALK FORWARD & POINT

- 1 Point left toe diagonally forward
- 2 Step left next to right
- 3 Point right toe diagonally forward
- 4 Step right next to left
- 5-7 On tip toes, walk 3 steps forward left right left, turning toes out at an angle
- 8 Step down on left and touch right toe next to left

REPEAT
