

Wake Up!

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate nightclub
编舞者: Suzy Taylor (UK)
音乐: Wake Me Up - Girls Aloud



WALK RIGHT, LEFT, LOCK STEP, STEP PIVOT ½ TURN, STEP, FULL TURN

1-2 Step forward right, step forward left
3&4 Step right forward, lock left behind right, step right forward angle body slightly left
5&6 Step left forward, pivot turn ½ right, step left forward
7-8 Making ½ turn left step back on right, making ½ turn left step forward left

¼ TURN SIDE ROCK, HIPS WITH FLICK, SIDE SHUFFLE, SYNCOPATED WEAVE WITH HEEL JACK

1-2 Making ¼ turn left rock right to side, recover moving hips left
For styling dip down, up & flick head to right, dip down, up & flick head to left with hands on hips
3&4 Bump hips right, left, right with weight on right flick left behind
For styling move lower right arm out forward & to right side, palm up
5&6 Step left to side, close right beside left, step left to side
&7 Step right across left, step left slightly to left side
&8 Step right back, touch left heel forward

Easier option:

7-8 Step right back, touch left heel forward

CROSS, SIDE ¼ TURN, ¼ TURNING SAILOR, SIDE TOGETHER, ½ TURNING BACK SHUFFLE

&1-2 Step left in place, cross right over left, making ¼ turn right step back left
3&4 Step right behind left, step left ¼ turn right, step right to side
5-6 Step left to side, step right beside left
7&8 Making ¼ turn right step left back, close right to left, making ¼ turn right step left back

WALK BACK WITH KNEE POPS, ROCK BACK, HITCH, OUT, OUT

1-2 Step back on right with left knee popped, hold
3-4 Step back on left with right knee popped, hold
5-6 Rock back onto right, recover onto left
7&8 Hitch right, step right to side, step left to side

REPEAT

TAG

Following 2nd wall facing back, dance first 6 counts then add

1-2 Step forward right, pivot ½ turn left

Then restart