

Wake Up Stomp

COPPER **NOB**
STEPSHEETS

拍数: 72 墙数: 4 级数: Intermediate
编舞者: Val Parry (UK)
音乐: Wake Up Boo! - The Boo Radleys



STOMP, KICK, SAILOR STEP, STOMP, KICK, SAILOR STEP

1-2 Stomp right foot, kick diagonally to right
3&4 Cross right behind left, step left to left side, step right to right side
5-6 Stomp left foot, kick diagonally to left
7&8 Cross left behind right, step right to right side, step left to left side

SIDE, TOUCH, SIDE, TOUCH, STOMP, KICK, STOMP, KICK

9-10 Step right to right side, touch left next to right
11-12 Step left to left side, touch right next to left
13-14 Stomp right to right side, kick left across right
15-16 Stomp left to left side, kick right across left

SHUFFLE ¼ RIGHT, STOMP, STOMP, KICK BALL CHANGE, HIP BUMPS

17&18 Step right to right side, close left to right, turn right ¼ to right
19-20 Stomp left, stomp right
21&22 Kick left forward, replace weight on left, step weight onto right
23&24 Stepping onto left bump hips left, right, left

STEP & POINT, KICK & STEP, HOLD, HOLD, STEP, TURN, STEP

25&26 Step right to right side, small jump on left next to right and point right to right side
&27&28 Small jump on right next to left & kick left forward, replace weight on left & stomp right forward
29-30 Hold for 2 beats
31&32 Step forward on left, pivot ¼ turn right step forward on left

STOMP, KICK, STOMP, STOMP, KICK, KICK, MODIFIED SAILOR STEP

33-34 Stomp right, kick right
35-36 Stomp right, stomp left
37-38 Kick left forward and then to left diagonal
39&40 Cross left behind right, step on right beside left, step left forward

TURN ¼ LEFT, TURN ¼ LEFT, ROCK AND SIDE, STOMP, KICK, STOMP, STOMP

41-42 Step back on right turning ¼ left, step left foot forward turning ¼ left
43&44 Rock right across left and step right to right side
45-46 Stomp left, kick left
47-48 Stomp left, stomp right

CROSS, SIDE, SIDE, ROCK FORWARD, COASTER STEP, PIVOT ½ TURN RIGHT

49&50 Cross left in front of right, step right to right and step left to left side
51-52 Rock forward on right, replace weight on left
53&54 Step back on right, close left, step forward on right
55-56 Step forward on left, pivot ½ turn right

CROSS, SIDE, SIDE, ROCK FORWARD, COASTER STEP, PIVOT ½ TURN RIGHT

57&58 Cross left in front of right, step right to right and step left to left side
59-60 Rock forward on right, replace weight on left

61-62 Step back on right, close left, step forward on right
63&64 Step forward on left, pivot ¼ turn right and cross left in front of right

BACK, LOCK, BACK, TOUCH, KICK, KICK, TRIPLE STOMP

65-66 Step back on right, lock left in front of right
67-68 Step back on right, touch left in front of right
69-70 Kick left front, kick left to left diagonal
71&72 Stomp left, stomp right, stomp left, keeping weight on left

REPEAT

TAG

To be done following 4th wall

KICK, KICK, MODIFIED SAILOR STEP

1-2 Kick right forward and then to right diagonal
3&4 Cross right behind left, step on left beside right, touch right next to left

RESTART

5th wall - restart after step 40
