

Waitin' 4 U

拍数: 48 墙数: 4 级数: Intermediate
编舞者: The Lady In Black (UK)
音乐: While I Was Waiting - Chely Wright



STEP BACK TOUCH STEP, STEP PIVOT ½ TURN LEFT, PIVOT ½ TURN RIGHT, ½ TURN RIGHT BEHIND SIDE CROSS

1&2 Step right back, touch left toe in front of right, step forward left
3-4 Step forward right, pivot ½ turn left
5-6 Pivot ½ turn right (turning back on yourself), pivot ½ turn right stepping left to left side
7&8 Cross right behind left, step left to left side, cross right over left

ROCK LEFT, ROCK RIGHT, STEP BEHIND, ¼ TURN RIGHT, FULL TRIPLE OVER RIGHT, ROCK RECOVER SIDE

1-2 Rock left to left side swaying hips left, rock right to right side swaying hips right
3-4 Step left behind right, step right ¼ turn right
5&6 Full turning triple over right stepping left, right, left
7&8 Rock right behind left, recover on left, step right to right side

TAP ¼ TURN LEFT, TURN ½ TURN RIGHT, FULL TURN OVER RIGHT, STEP TAP STEP, TRIPLE ½ TURN LEFT

&1-2 Tap left toe next to right, step left ¼ turn left, pivot ½ turn right
3-4 Pivot ½ turn right stepping left back, pivot ½ turn right stepping left forward
5&6 Step left forward, tap right toe behind left, step back on right
7&8 Triple ½ turn over left stepping left, right, left

Optional 1 ½ turn left on counts 7&8

POINT SIDE, ½ TURN RIGHT, STEP CROSS STEP SIDE, SIDE BEHIND, ¼ SHUFFLE RIGHT

1-2 Point right to right side, turn ½ turn right stepping right next to left
&3-4 Step left in place, cross right over left, step left to left side
5-6 Step right to right side, cross left behind
7&8 Step right to right side, step left next to right, step right ¼ turn right

ROCK STEP, LEFT SHUFFLE FORWARD, ROCK STEP, SHUFFLE BACK RIGHT

1-2 Rock left forward swaying hips, recover on right
3&4 Step left forward, step right next to left, step left forward
5-6 Rock right forward swaying hips, recover on left
7&8 Step back on right, lock left in front of right, step back on right

¼ TURN LEFT, POINT SIDE, RIGHT SAILOR, LEFT SAILOR ¼ TURN LEFT, STEP TAP STEP

1-2 Step left ¼ turn left, point right to right side
3&4 Cross right behind left, step left to left side, step right in place
5&6 Cross left behind right ¼ turn left, step right to right side, step left in place
7&8 Step right forward, tap left toe behind right, step back on left

REPEAT