

# Wait A Minute

COPPERKNOB  
STEPSHEETS

拍数: 64      墙数: 4      级数: Intermediate hip hop  
编舞者: Joanne Wong (MY)  
音乐: Wait A Minute - The Pussycat Dolls



## SIDE, TOGETHER, TOE SWITCHES, CROSS UNWIND FULL TURN, BODY ROLL

1-2            Step right to right side, step right beside left  
**Arms: clasp hands above head, drop both hands down to side**  
3&4            Touch right out to right side, step right beside left, touch left out to left side  
**Arms: cross right arm over head, extend right arm out to right side**  
5-6            Cross left over right, unwind full turn right, weight on right  
**Arms: place right arm in front of body, chest level, drop right arm**  
7-8            Body roll to left side, weight on left

## JUMP, SLIDE ¼ LEFT, JUMP, HIP BOUNCES WITH ARMS

1                Jump on the spot with feet together  
2-3            With a ¼ turn left, slide right to right side, dragging left beside right (2, 3)  
4                Jump on the spot with feet together  
5-6            Step right to right side, bounce hips inwards twice  
**Arms: extend right arm out with palms face out**  
7-8            With a swift ½ turn left, repeat counts 5-6 with arms  
**Alternative: do 2 chest pumps for 5-6 and repeat with ½ turn left**

## STEP BACK, HOLD, LOOK UP, FRONT, KNEE POPS WITH ARMS

1-2            Step left slightly behind right, popping right knee, hold  
**Arms: slice both arms out to side, waist level, hold**  
3-4            Tilt head upwards, looking up, look front with head back down  
5-6            Step back on right popping left knee, step back on left popping right knee  
7-8            Repeat counts 5-6  
**Arms: repeat arms for count 1 for 4 times**

## HITCH ¾ LEFT, 2 X STEP PIVOT ½ TURN LEFT

1-4            Hitch right knee 4 times, making a ¾ turn left, facing 6:00  
**Alternative: walk around right, left, right, left making a ¾ turn left**  
5-6            Step forward on right, pivot ½ turn to left  
7-8            Repeat counts 5-6  
**Do a body roll to complement the pivot turns**

## SIDE, HOLD, HITCH, STEP DOWN, HIP ROLLS

1-2            Step right to right side, hold  
**Arms: slice both arms out to side, waist level, hold**  
3-4            Hitch right knee diagonally, step right out to right side  
**Arms: slice arms inwards, left above right, waist level, slice both arms out to side, waist level**  
5-6            Roll hips to the left from left to right, weight ending on left  
7-8            Roll hips to the right from right to left, weight ending on right

## & SIDE, LOOK LEFT, HITCH, STEP DOWN, & SIDE, LOOK RIGHT, HITCH, STEP DOWN

&1-2            Step right beside left, step left to left side, look towards left  
3-4            Hitch left knee diagonally, touch left out to left side  
**Arms: slice both arms inwards, with left over right, waist level, slice both arms out to side, waist level**  
&5-6            Step left beside right, step right to right side, look towards right  
7-8            Hitch right knee diagonally, step right to right side  
**Arms: repeat arms for counts 3-4**

Counts 5-8 is a mirror image of counts 1-4

**BEHIND, SIDE, TOGETHER, JUMP, BEHIND, FORWARD WITH ¼ TURN LEFT, TOGETHER, JUMP**

- 1-3            Cross left behind right, big step right to right side, step beside right  
4              Jump with both feet together  
5-7            Cross right behind left, step left forward with a ¼ turn left, step right beside left  
8              Jump with both feet together

**CHEST PUMPS**

- 1-4            Take 4 small steps forward, starting with right, with chest pumps  
**\*As you step forward, tilt body side to side, from right to left and vice versa**  
5&6            Step right beside left, tilt body slightly to right side and do 3 (or 2) chest pumps  
7&8            Tilt body slightly to left side and do 3 (or 2) chest pumps

**Arms: clench palms into fists, place fists at chest level, facing each other while doing chest pumps from counts 1-8**

**REPEAT**

**TAG**

**After wall 1, start the dance again from the 3rd 8, i.e. Leaving out the first 16 counts. Do only 32 counts and start the dance again, facing 6:00**

**RESTART**

**On wall 5, do the first 48 counts and start the dance again, facing 6:00**

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