The Wagon Wheel

级数: Improver

编舞者: Jay Wilson (USA)

拍数: 32

音乐: Better Your Heart Than Mine - Trisha Yearwood

KICK-BALL-CHANGES, RIGHT TURNING JAZZ BOX

- Kick right foot forward 1
- & Step next to left on ball of right
- 2 Change weight to left
- 3 Kick right foot forward
- & Step next to left on ball of right
- 4 Change weight to left
- 5 Cross step right over left
- 6 Step back on left
- 7 Step 1/4 turn to the right on right
- 8 Step left next to right

JUMP, CROSS, UNWIND, CLAP, SHUFFLE IN PLACE, ROCK, ROCK

- 1 Jump feet apart
- 2 Jump right across left
- 3 Unwind 1/2 turn to the left
- 4 Clap
- 5 Step slightly forward on right
- & Step left next to right
- 6 Step in place on right
- 7 Rock step forward on left
- 8 Rock back onto right

SHUFFLE IN PLACE, STEP, PIVOT, WALK, WALK, WALK, TOUCH

- 1 Step slightly forward on left
- & Step right next to left
- 2 Step in place on left
- 3 Step back on right
- 4 Pivot ¹/₂ turn right on balls of feet
- 5 Walk forward on left
- 6 Walk forward on right
- 7 Walk forward on left
- 8 Touch right next to left

RIGHT TURNING VINE, HIP ROLL AND KNEE POP

- Step 1/4 turn to the right on right 1
- 2 Pivot ¹/₄ turn to the right on ball of right, and step to left on left
- 3 Pivot ¹/₂ turn to the right on ball of left, and step to right on right
- 4 Step left next to right
- 5 Bending knees, roll hips to the right from 12 to 6
- 6 Keeping knees bent, roll hips to the right from 6 to 12
- 7 Keeping right knee bent, straighten left knee
- 8 Keeping right knee bent, bend left knee

REPEAT





墙数: 4