

# Volunteer Stomp

**COPPERKNOB**  
STEPSHEETS

拍数: 52      墙数: 4      级数: Intermediate  
编舞者: Gloria Johnson (USA) & Dusty Miller (USA)  
音乐: Steady As She Goes - Mark Collie



## TOUCH AND HOOK (RIGHT)

- 1            Touch right heel forward
- 2            Hook right foot in front of left leg
- 3            Touch right heel forward
- 4            Stomp right foot next to left

## SWIVEL RIGHT AND STOMP

- 5- 6            Swivel heels to right, center
- 7- 8            Stomp right foot next to left twice

## TOUCH AND HOOK (LEFT)

- 9            Touch left heel forward
- 10            Hook left foot in front of right leg
- 11            Touch left heel forward
- 12            Stomp left foot next to right

## SWIVEL LEFT AND STOMP

- 13- 14            Swivel heels to left, return to center
- 15- 16            Stomp left foot next to right twice

## SHUFFLES

- 17&18            Shuffle right, left, right
- 19&20            Shuffle left, right, left
- 21            Step right foot out in front
- 22            Turn ½ turn to the left

- 23-28            Repeat steps 17 - 22

## STEP & TURN

- 29            Step right foot out in front
- 30            Turn ¼ turn to the left

## JUMPING JACKS

- 31-32            Jumping jack with right foot at 1:00, left foot at 7:00, and return
- 33-34            Jumping jack with left foot at 11:00, right foot at 5:00, and return
- 35-36            Jumping jack with right foot at 1:00, left foot at 7:00, and return

## TOE POINTS

**Lean slightly to left as you point your toes**

- 37-38            Point right toe out to right, then to back
- 39-40            Point right toe out to right, then to front
- 41-42            Point right toe out to right, then to back
- 43            Point right toe out to right
- 44            Hitch right knee and turn ¼ turn to left at the same time

## GRAPEVINE RIGHT

- 45-47            Vine right (step right, left behind right, step right)

48 Touch left foot next to right

**TURNING VINE**

49-51 Turning vine to left (step left angling foot, step right in front of left and turning body to left, step left placing foot so that body completes full turn and ends facing forward)

52 Stomp right foot next to left

**REPEAT**

**OPTIONAL "ACCENT" STEPS  
FOR THE "YOUNG AT HEART"**

**On steps 31-36, the Jumping Jacks, stomp both feet to the floor when you return. Do it with plenty of vigor!!!**

**FOR THE "NOT SO YOUNG AT HEART"**

**On the same Jumping Jack steps, stay in place and**

31-32 Touch right heel at 1:00 and return

33-34 Touch left heel at 11:00 and return

35-36 Touch right heel at 1:00 and return

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